

7de Zilvermeerloop Mol - 2009

7 november 2009

10 km Karel Lismont

Afstand

10,000

| Plaats | Startnr. | Naam | M/V | Geb. | Club / Woonplaats | Cat. | Cpl. | tijd | km/u | Min/Km |
|--------|----------|---------------------------|-----|------|-------------------|------|------|---------|--------|---------|
| 1 | 3517 | Jef Smits | M | 1967 | ALVosselaar | h+40 | 1 | 32:46,0 | 18,311 | 03:16,6 |
| 2 | 3884 | Frans Pasmans | M | 1978 | Bergeyk | hSen | 1 | 33:33,0 | 17,884 | 03:21,3 |
| 3 | 3865 | Chris Gommers | M | 1967 | Herenthout | h+40 | 2 | 33:38,0 | 17,839 | 03:21,8 |
| 4 | 3579 | Davy Lauwers | M | 1970 | Westerlo | hSen | 2 | 33:58,0 | 17,664 | 03:23,8 |
| 5 | 3869 | Mark Jorissen | M | 1966 | Zwijndrecht | h+40 | 3 | 33:59,0 | 17,656 | 03:23,9 |
| 6 | 3752 | Jan Daems | M | 1970 | Kasterlee | hSen | 3 | 34:09,0 | 17,570 | 03:24,9 |
| 7 | 3881 | Chris Wouters | M | 1971 | Diest | hSen | 4 | 34:32,0 | 17,375 | 03:27,2 |
| 8 | 3849 | Frankie Leus | M | 1962 | Herenthout | h+40 | 4 | 35:48,0 | 16,760 | 03:34,8 |
| 9 | 3817 | Eddy Rutten | M | 1967 | Ham | h+40 | 5 | 35:55,0 | 16,705 | 03:35,5 |
| 10 | 3794 | Frank Van Eyk | M | 1963 | Asten-Heusden | h+40 | 6 | 36:01,0 | 16,659 | 03:36,1 |
| 11 | 3891 | Tom Schoofs | M | 1977 | Mol | hSen | 5 | 36:02,0 | 16,651 | 03:36,2 |
| 12 | 3567 | Johan De Maertelaere | M | 1965 | Vmol | h+40 | 7 | 36:17,0 | 16,537 | 03:37,7 |
| 13 | 3868 | Maarten Bastijns | M | 1979 | Vmol | hSen | 6 | 36:52,0 | 16,275 | 03:41,2 |
| 14 | 3583 | Kris Adams | M | 1970 | Hemiksem | hSen | 7 | 36:59,0 | 16,224 | 03:41,9 |
| 15 | 3510 | Johan Jacobs | M | 1961 | ALVosselaar | h+40 | 8 | 37:21,0 | 16,064 | 03:44,1 |
| 16 | 3568 | Gunther De Ron | M | 1969 | Vmol | h+40 | 9 | 37:25,0 | 16,036 | 03:44,5 |
| 17 | 3571 | Rudy Melis | M | 1968 | Vmol | h+40 | 10 | 37:30,0 | 16,000 | 03:45,0 |
| 18 | 3545 | Rudy Vanden Bosch | M | 1963 | Demarsin | h+40 | 11 | 37:51,0 | 15,852 | 03:47,1 |
| 19 | 3824 | Johan Bergmans | M | 1976 | Bree | hSen | 8 | 37:53,0 | 15,838 | 03:47,3 |
| 20 | 3768 | Janne Augusteyns | M | 1976 | Hemiksem | hSen | 9 | 37:55,0 | 15,824 | 03:47,5 |
| 21 | 3757 | Sandra Van Den Haesevelde | V | 1971 | Looi | d+35 | 1 | 37:56,0 | 15,817 | 03:47,6 |
| 22 | 3806 | Chris Coomans | M | 1971 | Landen | hSen | 10 | 38:02,0 | 15,776 | 03:48,2 |
| 23 | 3837 | Tonny Lemmens | M | 1972 | Vmol | hSen | 11 | 38:13,0 | 15,700 | 03:49,3 |
| 24 | 3839 | Roel Martens | M | 1977 | Olse | hSen | 12 | 38:16,0 | 15,679 | 03:49,6 |
| 25 | 3861 | Daan Van Hooreweghe | M | 1976 | Mechelen | hSen | 13 | 38:19,0 | 15,659 | 03:49,9 |
| 26 | 3530 | Filip Verwimp | M | 1970 | ALVosselaar | hSen | 14 | 38:22,0 | 15,639 | 03:50,2 |
| 27 | 3859 | Francis Huysmans | M | 1959 | Overpelt | h+50 | 1 | 38:23,0 | 15,632 | 03:50,3 |
| 28 | 3896 | Gert Van Brandt | M | 1983 | Nijlen | hSen | 15 | 38:23,0 | 15,632 | 03:50,3 |
| 29 | 3780 | Luc Meeus | M | 1965 | Nijlen | h+40 | 12 | 38:24,0 | 15,625 | 03:50,4 |
| 30 | 3541 | Bart Van De Velde | M | 1970 | Demarsin | hSen | 16 | 38:34,0 | 15,557 | 03:51,4 |
| 31 | 3907 | Gustaaf Mermans | M | 1947 | Lommel | h+60 | 1 | 38:35,0 | 15,551 | 03:51,5 |
| 32 | 3793 | Rudy Goris | M | 1961 | Arac | h+40 | 13 | 38:43,0 | 15,497 | 03:52,3 |

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|--------|----------|-------------------------|-----|------|-------------------|------|------|---------|--------|---------|
| 33 | 3504 | Annick Beckers | V | 1969 | ALVosselaar | d+35 | 2 | 38:43,0 | 15,497 | 03:52,3 |
| 34 | 3519 | Tom Sneijers | M | 1966 | ALVosselaar | h+40 | 14 | 38:43,0 | 15,497 | 03:52,3 |
| 35 | 3856 | Danny Cools | M | 1962 | Laakdal | h+40 | 15 | 38:48,0 | 15,464 | 03:52,8 |
| 36 | 3574 | Benny Sterckx | M | 1970 | Vmol | hSen | 17 | 38:48,0 | 15,464 | 03:52,8 |
| 37 | 3797 | Maurice Verbiest | M | 1951 | Aarschot | h+50 | 2 | 38:50,0 | 15,451 | 03:53,0 |
| 38 | 3851 | Tine Diels | V | 1983 | Ravels | dSen | 1 | 39:13,0 | 15,300 | 03:55,3 |
| 39 | 3857 | Stefan Hens | M | 1970 | Vmol | hSen | 18 | 39:15,0 | 15,287 | 03:55,5 |
| 40 | 3818 | Wilfried Pauwels | M | 1964 | Retie | h+40 | 16 | 39:17,0 | 15,274 | 03:55,7 |
| 41 | 3897 | Bart Mertens | M | 1978 | Turnhout | hSen | 19 | 39:20,0 | 15,254 | 03:56,0 |
| 42 | 3807 | Yves Montulet | M | 1972 | Hoboken | hSen | 20 | 39:27,0 | 15,209 | 03:56,7 |
| 43 | 3858 | Geert Van Otterdijk | M | 1976 | Overpelt | hSen | 21 | 39:37,0 | 15,145 | 03:57,7 |
| 44 | 3883 | Benoit Vranckx | M | 1950 | Tessenderlo | h+50 | 3 | 39:40,0 | 15,126 | 03:58,0 |
| 45 | 3864 | Paul Vervoort | M | 1964 | Ham | h+40 | 17 | 39:48,0 | 15,075 | 03:58,8 |
| 46 | 3528 | Koen Vermeiren | M | 1967 | ALVosselaar | h+40 | 18 | 39:52,0 | 15,050 | 03:59,2 |
| 47 | 3804 | Rob Geerts | M | 1982 | Lille | hSen | 22 | 39:54,0 | 15,038 | 03:59,4 |
| 48 | 3509 | Dirk Hermans | M | 1956 | ALVosselaar | h+50 | 4 | 39:55,0 | 15,031 | 03:59,5 |
| 49 | 3901 | Ludo Van Woensel | M | 1956 | Boischot | h+50 | 5 | 40:09,0 | 14,944 | 04:00,9 |
| 50 | 3523 | Dennis Van Goidsenhoven | M | 1979 | ALVosselaar | hSen | 23 | 40:19,0 | 14,882 | 04:01,9 |
| 51 | 3762 | Geert Witvrouwen | M | 1970 | Herselt | hSen | 24 | 40:27,0 | 14,833 | 04:02,7 |
| 52 | 3900 | Kris Vervoort | M | 1962 | Herentals | h+40 | 19 | 40:53,0 | 14,676 | 04:05,3 |
| 53 | 3816 | Tom Rutten | M | 1991 | Beringen | hSen | 25 | 40:56,0 | 14,658 | 04:05,6 |
| 54 | 3751 | Joost Peeters | M | 1973 | Turnhout | hSen | 26 | 41:01,0 | 14,628 | 04:06,1 |
| 55 | 3767 | Rudy Augusteyns | M | 1960 | Hemiksem | h+40 | 20 | 41:01,0 | 14,628 | 04:06,1 |
| 56 | 3790 | Marc Sallaets | M | 1962 | Sacn | h+40 | 21 | 41:03,0 | 14,616 | 04:06,3 |
| 57 | 3815 | Ophelie Helin | V | 1985 | Usta (Fr) | dSen | 2 | 41:08,0 | 14,587 | 04:06,8 |
| 58 | 3871 | Wim Bollen | M | 1977 | Lommel | hSen | 27 | 41:18,0 | 14,528 | 04:07,8 |
| 59 | 3784 | Jurgen Cosemans | M | 1973 | Kortesseem | hSen | 28 | 41:20,0 | 14,516 | 04:08,0 |
| 60 | 3892 | Bart Van Woelkum | M | 1980 | Bergeyk | hSen | 29 | 41:22,0 | 14,504 | 04:08,2 |
| 61 | 3891 | Ange Dammen | V | 1965 | Vmol | d+45 | 1 | 41:27,0 | 14,475 | 04:08,7 |
| 62 | 3795 | Roland van Eijk | M | 1978 | Asten (NI) | hsen | 30 | 41:27,0 | 14,475 | 04:08,7 |
| 63 | 3764 | Marc Penneman | M | 1969 | Kruibeke | h+40 | 22 | 41:27,0 | 14,475 | 04:08,7 |
| 64 | 3878 | Ben Wuyts | M | 1979 | Arendonk | hSen | 31 | 41:33,0 | 14,440 | 04:09,3 |

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|--------|----------|--------------------|-----|------|-----------------------|------|------|---------|--------|---------|
| 65 | 3886 | Riki Damen | M | 1970 | Dessel | hSen | 32 | 41:40,0 | 14,400 | 04:10,0 |
| 66 | 3852 | Joan Wilms | M | 1962 | Mol | h+40 | 23 | 41:41,0 | 14,394 | 04:10,1 |
| 67 | 3783 | Thomas Smeulders | M | 1972 | Niel | hSen | 33 | 41:56,0 | 14,308 | 04:11,6 |
| 68 | 3875 | Kristof Haemhouts | M | 1983 | Westerlo | hSen | 34 | 42:01,0 | 14,280 | 04:12,1 |
| 69 | 3872 | Luc Wouters | M | 1969 | Westerlo | h+40 | 24 | 42:04,0 | 14,263 | 04:12,4 |
| 70 | 3520 | Paul Sysmans | M | 1962 | ALVosselaar | h+40 | 25 | 42:04,0 | 14,263 | 04:12,4 |
| 71 | 3866 | Adam Bugajski | M | 1974 | St.-Lambrechts-Woluwe | hSen | 35 | 42:06,0 | 14,252 | 04:12,6 |
| 72 | 3511 | Jan Janssen | M | 1952 | ALVosselaar | h+50 | 6 | 42:10,0 | 14,229 | 04:13,0 |
| 73 | 3913 | Marc Cerpentier | M | 1963 | Laakdal | h+40 | 26 | 42:12,0 | 14,218 | 04:13,2 |
| 74 | 3766 | Pieter Segaert | M | 1982 | Berchem | hSen | 36 | 42:14,0 | 14,207 | 04:13,4 |
| 75 | 3542 | René Van De Wouwer | M | 1946 | Demarsin | h+60 | 2 | 42:28,0 | 14,129 | 04:14,8 |
| 76 | 3554 | August Verbijlen | M | 1950 | Nuclea | h+50 | 7 | 42:30,0 | 14,118 | 04:15,0 |
| 77 | 3553 | Dirk Vanleeuw | M | 1905 | Vmol | h+60 | 3 | 42:30,0 | 14,118 | 04:15,0 |
| 78 | 3769 | Christel Van Looy | V | 1960 | Herentals | d+45 | 1 | 42:31,0 | 14,112 | 04:15,1 |
| 79 | 3573 | Thomas Steckler | M | 1964 | Vmol | h+40 | 27 | 42:32,0 | 14,107 | 04:15,2 |
| 80 | 3788 | Luc Willems | M | 1960 | Balen | h+40 | 28 | 42:32,0 | 14,107 | 04:15,2 |
| 81 | 3555 | Ivo Verwimp | M | 1953 | Nuclea | h+50 | 8 | 42:33,0 | 14,101 | 04:15,3 |
| 82 | 3912 | Bruno Roels | M | 1964 | Diest | h+40 | 29 | 42:48,0 | 14,019 | 04:16,8 |
| 83 | 3890 | Eddy Van Genechten | M | 1973 | Balen | hSen | 37 | 42:51,0 | 14,002 | 04:17,1 |
| 84 | 3786 | Jan De Maeyer | M | 1968 | Antwerpen | h+40 | 30 | 42:52,0 | 13,997 | 04:17,2 |
| 85 | 3763 | Wim Luyckx | M | 1963 | Hemiksem | h+40 | 31 | 42:52,0 | 13,997 | 04:17,2 |
| 86 | 3902 | Jan Peeters | M | 1967 | Mol | h+40 | 32 | 43:03,0 | 13,937 | 04:18,3 |
| 87 | 3531 | Marc Willemsen | M | 1963 | ALVosselaar | h+40 | 33 | 43:06,0 | 13,921 | 04:18,6 |
| 88 | 3908 | Niels Vandeperre | M | 1997 | Mol | hSen | 38 | 43:10,0 | 13,900 | 04:19,0 |
| 89 | 3862 | Luc Van Doninck | M | 1969 | Meerhout | h+40 | 34 | 43:11,0 | 13,894 | 04:19,1 |
| 90 | 3527 | Danny Vermeiren | M | 1958 | ALVosselaar | h+50 | 9 | 43:13,0 | 13,884 | 04:19,3 |
| 91 | 3775 | Luc Huygens | M | 1958 | Scherpenheuvel-Zichem | h+50 | 10 | 43:19,0 | 13,851 | 04:19,9 |
| 92 | 3800 | Hans Lievens | M | 1966 | Geel | h+40 | 35 | 43:21,0 | 13,841 | 04:20,1 |
| 93 | 3760 | Henri Clerckx | M | 1949 | Lommel | h+60 | 4 | 43:25,0 | 13,820 | 04:20,5 |
| 94 | 3835 | Luc Van Camp | M | 1970 | Atac | hSen | 39 | 43:25,0 | 13,820 | 04:20,5 |
| 95 | 3914 | Joris Mermans | M | 1978 | Balen | hSen | 40 | 43:29,0 | 13,798 | 04:20,9 |
| 96 | 3853 | Wilfried Ooms | M | 1971 | Dessel | hSen | 41 | 43:37,0 | 13,756 | 04:21,7 |

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|--------|----------|-----------------------|-----|------|-------------------|------|------|---------|--------|---------|
| 97 | 3888 | Andre Van Rompaey | M | 1955 | Begijnendijk | h+50 | 11 | 43:38,0 | 13,751 | 04:21,8 |
| 98 | 3887 | Adri Van Craen | M | 1964 | Baal | h+40 | 36 | 43:41,0 | 13,735 | 04:22,1 |
| 99 | 3756 | Christoph Vaningelgem | M | 1973 | Vmol | hSen | 42 | 43:42,0 | 13,730 | 04:22,2 |
| 100 | 3796 | Koen Segers | M | 1970 | Niel | hSen | 43 | 43:46,0 | 13,709 | 04:22,6 |
| 101 | 3889 | Patrik Meuris | M | 1968 | Heist-Op-Den-Berg | h+40 | 37 | 43:47,0 | 13,704 | 04:22,7 |
| 102 | 3903 | Guy Peeters | M | 1966 | Retie | h+40 | 38 | 43:55,0 | 13,662 | 04:23,5 |
| 103 | 3844 | Kris Meuris | M | 1975 | Mol | hSen | 44 | 44:01,0 | 13,631 | 04:24,1 |
| 104 | 3873 | Mon Haemhouts | M | 1950 | Westerlo | h+50 | 12 | 44:13,0 | 13,570 | 04:25,3 |
| 105 | 3911 | Marcel Aerts | M | 1967 | Mol | h+40 | 39 | 44:14,0 | 13,564 | 04:25,4 |
| 106 | 3915 | Hans Mermans | M | 1975 | Herent | hSen | 45 | 44:15,0 | 13,559 | 04:25,5 |
| 107 | 3533 | Paula Coenen | V | 1957 | Demarsin | d+45 | 2 | 44:16,0 | 13,554 | 04:25,6 |
| 108 | 3860 | Bram Hiel | M | 1976 | Leopoldsburg | hsen | 46 | 44:17,0 | 13,549 | 04:25,7 |
| 109 | 3895 | Roger Goossens | M | 1947 | Geel | h+60 | 5 | 44:17,0 | 13,549 | 04:25,7 |
| 110 | 3885 | Kristof Vanwetswinkel | M | 1975 | Beringen | hSen | 47 | 44:17,0 | 13,549 | 04:25,7 |
| 111 | 3513 | Louisa Miechielsen | V | 1956 | ALVosselaar | d+45 | 3 | 44:18,0 | 13,544 | 04:25,8 |
| 112 | 3919 | Youri Demeulemeester | M | 1971 | Balen | hSen | 48 | 44:20,0 | 13,534 | 04:26,0 |
| 113 | 3514 | Hilde Ottevaere | M | 1975 | ALVosselaar | hSen | 49 | 44:28,0 | 13,493 | 04:26,8 |
| 114 | 3507 | Eric Haest | M | 1955 | ALVosselaar | h+50 | 13 | 44:28,0 | 13,493 | 04:26,8 |
| 115 | 3569 | Willy Deliën | M | 1959 | Vmol | h+50 | 14 | 44:32,0 | 13,473 | 04:27,2 |
| 116 | 3585 | Martine Keller | V | 1970 | Herentals | d+35 | 3 | 44:33,0 | 13,468 | 04:27,3 |
| 117 | 3576 | François Vanlommel | M | 1946 | Vmol | h+60 | 6 | 44:38,0 | 13,443 | 04:27,8 |
| 118 | 3822 | Sus Vets | M | 1961 | Olen | h+40 | 40 | 44:42,0 | 13,423 | 04:28,2 |
| 119 | 3830 | Koen De Voldere | M | 1972 | Borsbeek | hSen | 50 | 44:44,0 | 13,413 | 04:28,4 |
| 120 | 3874 | Dirk Ceuppens | M | 1961 | Westerlo | h+40 | 41 | 44:45,0 | 13,408 | 04:28,5 |
| 121 | 3920 | Erik De Vries | M | 1955 | Zoersel | h+50 | 15 | 44:47,0 | 13,398 | 04:28,7 |
| 122 | 3546 | Wendy Vermaelen | V | 1978 | Demarsin | dSen | 3 | 45:02,0 | 13,323 | 04:30,2 |
| 123 | 3534 | René De Keyzer | M | 1945 | Demarsin | h+60 | 7 | 45:04,0 | 13,314 | 04:30,4 |
| 124 | 3547 | Paul Winnepenninckx | M | 1951 | Demarsin | h+50 | 16 | 45:05,0 | 13,309 | 04:30,5 |
| 125 | 3529 | Marc Verschuren | M | 1962 | ALVosselaar | h+40 | 42 | 45:05,0 | 13,309 | 04:30,5 |
| 126 | 3544 | Gaston Van Roelen | M | 1949 | Demarsin | h+40 | 43 | 45:06,0 | 13,304 | 04:30,6 |
| 127 | 3854 | David Van Roy | M | 1972 | Lille | hSen | 50 | 45:11,0 | 13,279 | 04:31,1 |
| 128 | 3577 | Ludo Verheyen | M | 1948 | Vmol | h+60 | 8 | 45:22,0 | 13,226 | 04:32,2 |

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|--------|----------|----------------------|-----|------|-------------------|------|------|---------|--------|---------|
| 129 | 3909 | Medard Janssens | M | 1957 | Antwerpen | h+50 | 17 | 45:30,0 | 13,187 | 04:33,0 |
| 130 | 3556 | Gunter Basteleus | M | 1973 | Start2Runoeh | hSen | 51 | 45:40,0 | 13,139 | 04:34,0 |
| 131 | 3850 | Gert Slaedts | M | 1978 | Mol | hSen | 52 | 45:44,0 | 13,120 | 04:34,4 |
| 132 | 3549 | Chris Muziek | M | 1970 | Merksem | hSen | 53 | 46:00,0 | 13,043 | 04:36,0 |
| 133 | 3838 | Ludo Jennen | M | 1951 | Dessel | h+50 | 18 | 46:11,0 | 12,992 | 04:37,1 |
| 134 | 3521 | Jos Torremans | M | 1955 | ALVosselaar | h+50 | 19 | 46:13,0 | 12,982 | 04:37,3 |
| 135 | 3584 | Luc Kusseneers | M | 1970 | Rumst | hSen | 54 | 46:14,0 | 12,978 | 04:37,4 |
| 136 | 3820 | Liesbet De Schrijver | V | 1974 | Retie | d+35 | 4 | 46:14,0 | 12,978 | 04:37,4 |
| 137 | 3840 | Hans Nijs | M | 1968 | Laakdal | h+40 | 43 | 46:15,0 | 12,973 | 04:37,5 |
| 138 | 3792 | Antonio Smeulders | M | 1973 | Antwerpen | hSen | 55 | 46:21,0 | 12,945 | 04:38,1 |
| 139 | 3827 | Dirk Maes | M | 1980 | Arendonk | hSen | 56 | 46:22,0 | 12,940 | 04:38,2 |
| 140 | 3828 | Bert Maes | M | 1984 | Antwerpen | hSen | 57 | 46:31,0 | 12,899 | 04:39,1 |
| 141 | 3814 | Andre Van Dessel | M | 1952 | Aarschot | h+50 | 20 | 46:32,0 | 12,894 | 04:39,2 |
| 142 | 3539 | Georges Schouters | M | 1946 | Demarsin | h+60 | 9 | 46:33,0 | 12,889 | 04:39,3 |
| 143 | 3516 | Jan Persegael | M | 1958 | ALVosselaar | h+50 | 21 | 46:35,0 | 12,880 | 04:39,5 |
| 144 | 3525 | Marc Van Peer | M | 1972 | ALVosselaar | hSen | 58 | 46:35,0 | 12,880 | 04:39,5 |
| 145 | 3572 | Marcel Mol | M | 1953 | Vmol | h+50 | 22 | 46:44,0 | 12,839 | 04:40,4 |
| 146 | 3916 | Sven Cooremans | M | 1974 | Malle | hSen | 59 | 46:46,0 | 12,830 | 04:40,6 |
| 147 | 3765 | Nico Anthoon | M | 1968 | Beveren | h+40 | 44 | 46:48,0 | 12,821 | 04:40,8 |
| 148 | 3863 | Eddy Leysen | M | 1973 | Kasterlee | hSen | 60 | 46:53,0 | 12,798 | 04:41,3 |
| 149 | 3848 | Guido Daneels | M | 1955 | Turnhout | h+50 | 23 | 46:55,0 | 12,789 | 04:41,5 |
| 150 | 3506 | Herman Brughmans | M | 1946 | ALVosselaar | h+60 | 10 | 47:08,0 | 12,730 | 04:42,8 |
| 151 | 3904 | Ann Belmans | V | 1974 | Mol | d+35 | 5 | 47:15,0 | 12,698 | 04:43,5 |
| 152 | 3778 | Koen Janssens | M | 1964 | Esak | h+40 | 45 | 47:21,0 | 12,672 | 04:44,1 |
| 153 | 3819 | George Arrendell | M | 1968 | Antwerpen | h+40 | 46 | 47:27,0 | 12,645 | 04:44,7 |
| 154 | 3799 | Erik Stappaerts | M | 1954 | Kasterlee | h+50 | 24 | 47:33,0 | 12,618 | 04:45,3 |
| 155 | 3777 | Heiki Van Uytven | M | 1980 | Zandhoven | hSen | 61 | 47:45,0 | 12,565 | 04:46,5 |
| 156 | 3779 | Christel Poelemans | V | 1972 | Niel | d+35 | 6 | 47:51,0 | 12,539 | 04:47,1 |
| 157 | 3535 | François De Kock | M | 1947 | Demarsin | h+60 | 11 | 48:04,0 | 12,483 | 04:48,4 |
| 158 | 3836 | Manu Lageirse | M | 1967 | Brecht | h+40 | 47 | 48:06,0 | 12,474 | 04:48,6 |
| 159 | 3813 | Vincent Van Geem | M | 1982 | Farma | hSen | 62 | 48:34,0 | 12,354 | 04:51,4 |
| 160 | 3823 | Nicole Schillebeeckx | V | 1963 | Olen | d+45 | 4 | 48:45,0 | 12,308 | 04:52,5 |

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|--------|----------|-----------------------|-----|------|-----------------------|------|------|---------|--------|---------|
| 161 | 3589 | Piet Watte | M | 1966 | Aarschot | h+40 | 48 | 48:46,0 | 12,303 | 04:52,6 |
| 162 | 3753 | Francois Janssens | M | 1950 | Tielt-Winge | h+50 | 25 | 48:46,0 | 12,303 | 04:52,6 |
| 163 | 3759 | Verbeeck Wim | M | 1966 | Berlaar | h+40 | 49 | 48:46,0 | 12,303 | 04:52,6 |
| 164 | 3575 | Gaby Vandeven | V | 1958 | Vmol | d+45 | 5 | 48:47,0 | 12,299 | 04:52,7 |
| 165 | 3776 | Yvo Sterckx | M | 1950 | Scherpenheuvel-Zichem | h+50 | 26 | 48:48,0 | 12,295 | 04:52,8 |
| 166 | 3833 | Marc Vercaigne | M | 1967 | Arendonk | h+40 | 50 | 48:56,0 | 12,262 | 04:53,6 |
| 167 | 3515 | Louis Peeters | M | 1965 | ALVosselaar | h+40 | 51 | 48:58,0 | 12,253 | 04:53,8 |
| 168 | 3893 | Christel Teunis | V | 1965 | Vmol | d+35 | 7 | 49:04,0 | 12,228 | 04:54,4 |
| 169 | 3791 | Ivo Boeckx | M | 1949 | Rjc | h+60 | 12 | 49:07,0 | 12,216 | 04:54,7 |
| 170 | 3846 | Dirk Vleugels | M | 1955 | St.-Kathelijne-Waver | h+50 | 27 | 49:08,0 | 12,212 | 04:54,8 |
| 171 | 3870 | Maurice Delaruelee | M | 1949 | Westerlo | h+60 | 13 | 49:34,0 | 12,105 | 04:57,4 |
| 172 | 3831 | Mark Liefhooghe | M | 1969 | Meerhout | h+40 | 52 | 49:34,0 | 12,105 | 04:57,4 |
| 173 | 3917 | Rene Boudart | M | 1956 | Balen | h+50 | 28 | 49:38,0 | 12,089 | 04:57,8 |
| 174 | 3502 | Jurgen Aerts | M | 1972 | ALVosselaar | hSen | 63 | 49:45,0 | 12,060 | 04:58,5 |
| 175 | 3832 | Guy Dockx | M | 1972 | Meerhout | hSen | 64 | 49:45,0 | 12,060 | 04:58,5 |
| 176 | 3898 | Michel Thys | M | 1965 | Meerhout | h+40 | 53 | 49:46,0 | 12,056 | 04:58,6 |
| 177 | 3825 | Hilde Busschop | V | 1959 | Hoboken | d+45 | 6 | 49:53,0 | 12,028 | 04:59,3 |
| 178 | 3753 | Francois Janssens | M | 1950 | Tielt-Winge | h+50 | 29 | 49:54,0 | 12,024 | 04:59,4 |
| 179 | 3882 | Ingrid Smeets | V | 1977 | Roba | dSen | 4 | 49:59,0 | 12,004 | 04:59,9 |
| 180 | 3876 | Andre Verlinden | M | 1953 | Vorselaar | h+50 | 30 | 50:11,0 | 11,956 | 05:01,1 |
| 181 | 3522 | Christinne Van Dooren | V | 1969 | ALVosselaar | d+35 | 8 | 50:12,0 | 11,952 | 05:01,2 |
| 182 | 3761 | Linda Delcroix | V | 1961 | Hemiksem | d+45 | 7 | 50:20,0 | 11,921 | 05:02,0 |
| 183 | 3789 | Luc Verwaest | M | 1959 | Balen | h+50 | 31 | 50:22,0 | 11,913 | 05:02,2 |
| 184 | 3803 | Peter Van Opstal | M | 1958 | Bonheiden | h+50 | 32 | 50:33,0 | 11,869 | 05:03,3 |
| 185 | 3578 | Griet Vos | V | 1980 | Vmol | dSen | 5 | 50:35,0 | 11,862 | 05:03,5 |
| 186 | 3588 | Tomas Sergoris | M | 1970 | Mol | hSen | 65 | 50:36,0 | 11,858 | 05:03,6 |
| 187 | 3894 | Ingrid Wouters | V | 1965 | Vmol | d+35 | 9 | 50:40,0 | 11,842 | 05:04,0 |
| 188 | 3773 | Stefaan Alles | M | 1962 | Tessengerlo | h+35 | | 50:59,0 | 11,769 | 05:05,9 |
| 189 | 3826 | Willy Van Der Auwera | M | 1958 | Mol | h+50 | 33 | 51:01,0 | 11,761 | 05:06,1 |
| 190 | 3754 | Bart Hus | M | 1993 | Vmol | hSen | 64 | 51:02,0 | 11,757 | 05:06,2 |
| 191 | 3513 | Louisa Miechielsen | V | 1956 | ALVosselaar | d+45 | 8 | 51:12,0 | 11,719 | 05:07,2 |
| 192 | 3518 | Linda Sneijers | V | 1963 | ALVosselaar | d+45 | 9 | 51:12,0 | 11,719 | 05:07,2 |

7de Zilvermeerloop Mol - 2009

7 november 2009

10 km Karel Lismont

Afstand

10,000

| Plaats | Startnr. | Naam | M/V | Geb. | Club / Woonplaats | Cat. | Cpl. | tijd | km/u | Min/Km |
|------------|----------|------------------------------|-----|------|-------------------|------|------|----------------|--------|----------------|
| 193 | 3512 | Mieke Mertens | V | 1963 | ALVosselaar | d+45 | 10 | 51:13,0 | 11,715 | 05:07,3 |
| 194 | 3587 | Tom De Rudder | M | 1970 | Temse | hSen | 65 | 51:25,0 | 11,669 | 05:08,5 |
| 195 | 3546 | Wendy Vermaelen | V | 1978 | Demarsin | dSen | 6 | 51:28,0 | 11,658 | 05:08,8 |
| 196 | 3537 | Paul Holemans | M | 1946 | Demarsin | h+60 | 14 | 51:28,0 | 11,658 | 05:08,8 |
| 197 | 3918 | Jan Roose | M | | Vosselaar | | | 51:32,0 | 11,643 | 05:09,2 |
| 198 | 3770 | Jurgen De Henau | M | 1972 | Hemiksem | hSen | 66 | 51:47,0 | 11,587 | 05:10,7 |
| 199 | 3843 | Peter Van De Louw | M | 1958 | Hilvarenbeek | h+50 | 34 | 51:50,0 | 11,576 | 05:11,0 |
| 200 | 3552 | Chris Vanhoof | M | 1905 | Nuclea | h+60 | 15 | 51:58,0 | 11,546 | 05:11,8 |
| 201 | 3895 | Roger Goossens | M | 1947 | Geel | h+60 | 16 | 52:02,0 | 11,531 | 05:12,2 |
| 202 | 3787 | Annelies Van Dyck | V | 1975 | Schilde | dSen | 7 | 52:13,0 | 11,491 | 05:13,3 |
| 203 | 3586 | Roel Verhoeven | M | 1970 | Mol | hSen | 67 | 52:13,0 | 11,491 | 05:13,3 |
| 204 | 3867 | Herman Diels | M | 1948 | Oud-Turnhout | h+60 | 17 | 52:19,0 | 11,469 | 05:13,9 |
| 205 | 3879 | Johnny Engelen | M | 1973 | Balen | hSen | 68 | 52:31,0 | 11,425 | 05:15,1 |
| 206 | 3501 | Bob Aerts | M | 1967 | ALVosselaar | h+40 | 54 | 52:32,0 | 11,421 | 05:15,2 |
| 207 | 3503 | Jan Baetens | M | 1951 | ALVosselaar | h+50 | 35 | 52:43,0 | 11,382 | 05:16,3 |
| 208 | 3559 | Patrick De Jonghe | M | 1957 | Start2Runoeh | h+50 | 36 | 53:02,0 | 11,314 | 05:18,2 |
| 209 | 3805 | Jeroen Pasmans | M | 1979 | Antwerpen | hSen | 69 | 53:11,0 | 11,282 | 05:19,1 |
| 210 | 3772 | Sieke Roels | V | 1976 | Hemiksem | dSen | 8 | 53:14,0 | 11,271 | 05:19,4 |
| 211 | 3829 | Jos Van De Weyer | M | 1952 | Balen | h+50 | 37 | 53:20,0 | 11,250 | 05:20,0 |
| 212 | 3906 | Lieke Stouthard | V | 1958 | Mol | d+45 | 11 | 53:25,0 | 11,232 | 05:20,5 |
| 213 | 3821 | Nele Jacobs | V | 1982 | Herentals | dSen | 9 | 53:26,0 | 11,229 | 05:20,6 |
| 214 | 3782 | Diane Verkuringen | V | 1960 | Arac | d+45 | 12 | 53:33,0 | 11,204 | 05:21,3 |
| 215 | 3582 | Jan Dierckx | M | 1970 | Geel | hSen | 70 | 53:39,0 | 11,184 | 05:21,9 |
| 216 | 3774 | Mariette Van De Weyer | V | 1955 | Vmol | d+45 | 13 | 53:41,0 | 11,177 | 05:22,1 |
| 217 | 3785 | Maria Van Dingenen | V | 1950 | Tessenderlo | d+55 | 1 | 53:54,0 | 11,132 | 05:23,4 |
| 218 | 3802 | Marijke Van Haecht | V | 1959 | Bonheiden | d+45 | 14 | 53:59,0 | 11,115 | 05:23,9 |
| 219 | 3532 | Eddy Beutels | M | 1947 | Demarsin | h+60 | 18 | 54:05,0 | 11,094 | 05:24,5 |
| 220 | 3538 | Hubert Mertens | M | 1951 | Demarsin | h+50 | 38 | 54:23,0 | 11,033 | 05:26,3 |
| 221 | 3536 | Marie-José Haine | V | 1968 | Demarsin | d+35 | 10 | 54:28,0 | 11,016 | 05:26,8 |
| 222 | 3755 | Kenny De Roeck | M | 1981 | Gent | hSen | 71 | 54:41,0 | 10,972 | 05:28,1 |
| 223 | 3581 | Griet Maes | V | 1970 | Herentals | d+35 | 11 | 54:55,0 | 10,926 | 05:29,5 |
| 224 | 3801 | Nancy Rey | V | 1969 | Elewijt | d+35 | 12 | 55:07,0 | 10,886 | 05:30,7 |

7de Zilvermeerloop Mol - 2009

7 november 2009

10 km Karel Lismont

Afstand

10,000

| Plaats | Startnr. | Naam | M/V | Geb. | Club / Woonplaats | Cat. | Cpl. | tijd | km/u | Min/Km |
|--------|----------|-----------------------|-----|------|----------------------|------|------|---------|--------|---------|
| 225 | 3580 | Erika Beyens | V | 1970 | Herentals | d+35 | 13 | 55:16,0 | 10,856 | 05:31,6 |
| 226 | 3910 | Wim Celen | M | 1974 | Balen | hSen | 72 | 55:21,0 | 10,840 | 05:32,1 |
| 227 | 3855 | Dominique Wouters | M | 1973 | Lille | hSen | 73 | 55:37,0 | 10,788 | 05:33,7 |
| 228 | 3905 | Dirk Laeremans | M | 1964 | Westerlo | h+40 | 55 | 55:55,0 | 10,730 | 05:35,5 |
| 229 | 3845 | Godelieve Hermans | V | 1957 | St.-Kathelijne-Waver | d+45 | 15 | 56:14,0 | 10,670 | 05:37,4 |
| 230 | 3877 | Els De Visscher | V | 1964 | ALVosselaar | d+45 | 16 | 56:31,0 | 10,616 | 05:39,1 |
| 231 | 3505 | Vera Borgmans | V | 1968 | ALVosselaar | d+35 | 14 | 56:53,0 | 10,548 | 05:41,3 |
| 232 | 3561 | Hilda Foster | V | 1948 | Start2Runoeh | d+55 | 2 | 57:41,0 | 10,402 | 05:46,1 |
| 233 | 3508 | An Hermans | V | 1976 | ALVosselaar | dSen | 10 | 58:32,0 | 10,251 | 05:51,2 |
| 234 | 3781 | Gerda Van Beylen | V | 1959 | Arac | d+45 | 17 | 58:32,0 | 10,251 | 05:51,2 |
| 235 | 3899 | Elvire De Proost | V | 1943 | Dessel | d+55 | 3 | 59:49,0 | 10,031 | 05:58,9 |
| 236 | 3812 | Ellen Peeters | V | 1985 | Antwerpen | dSen | 11 | 00:07,0 | 09,981 | 06:00,7 |
| 237 | 3810 | Annelies Borgers | V | 1983 | Arendonk | dSen | 12 | 00:19,0 | 09,947 | 06:01,9 |
| 238 | 3834 | Peter Weckx | M | 1965 | Lommel | h+40 | 56 | 00:33,0 | 09,909 | 06:03,3 |
| 239 | 3811 | Delphine Vanneste | V | 1984 | Kortrijk | dSen | 13 | 00:54,0 | 09,852 | 06:05,4 |
| 240 | 3565 | Anke Wynant | V | 1981 | Start2Runoeh | dSen | 14 | 02:10,0 | 09,651 | 06:13,0 |
| 241 | 3560 | Lobke Deprins | V | 1982 | Start2Runoeh | dSen | 15 | 02:56,0 | 09,534 | 06:17,6 |
| 242 | 3562 | Els Laureyssens | V | 1967 | Start2Runoeh | d+35 | 15 | 03:00,0 | 09,524 | 06:18,0 |
| 243 | 3551 | Anne Slegers | V | 1905 | Nuclea | d+55 | 4 | 03:58,0 | 09,380 | 06:23,8 |
| 244 | 3563 | Sophie Roossens | V | 1974 | Start2Runoeh | d+35 | 16 | 04:00,0 | 09,375 | 06:24,0 |
| 245 | 3557 | Sonia Christiaens | V | 1959 | Start2Runoeh | d+45 | 18 | 04:04,0 | 09,365 | 06:24,4 |
| 246 | 3558 | Marc De Borger | M | 1957 | Start2Runoeh | h+50 | 39 | 04:04,0 | 09,365 | 06:24,4 |
| 247 | 3809 | An Melort | V | 1983 | Antwerpen | dSen | 16 | 04:05,0 | 09,363 | 06:24,5 |
| 248 | 3808 | Maartje Deschacht | V | 1981 | Antwerpen | dSen | 17 | 04:06,0 | 09,360 | 06:24,6 |
| 249 | 3842 | Marc Meeuwissen | M | 1960 | Kasterlee | h+40 | 57 | 04:40,0 | 09,278 | 06:28,0 |
| 250 | 3564 | Kristel Vanhoirelbeke | V | 1966 | Start2Runoeh | d+35 | 17 | 04:57,0 | 09,238 | 06:29,7 |