

80m horden 0,84m Min Heren Uur=14:15

Reeks:1

| | | | | | | |
|---|------|-----------------|------|-------|----|-------|
| 1 | 5107 | Hooyberghs Jens | AVOS | 13.54 | 93 | 744 P |
| 2 | 5064 | Sneyders Jente | AVOS | 13.60 | 93 | 736 P |
| 3 | 5701 | Boonen Wannas | ACHL | 15.34 | 93 | 531 P |

80m horden 0,84m Min Heren Uur=14:15

Reeks:2

| | | | | | | |
|---|------|-----------------|------|-------|----|-------|
| 1 | 9009 | MELOTE NIELS | NA | 16.97 | 93 | 368 P |
| 2 | 5063 | Luyten Jens | AVOS | 17.34 | 93 | 335 P |
| 3 | 5761 | Vanuytven Robin | VMOL | 17.71 | 94 | 304 P |
| 4 | 5640 | De Vocht Pieter | ARAC | 17.79 | 93 | 297 P |

60m horden 0,762m/6H Min Dames Uur=14:22

Reeks:1

| | | | | | | |
|---|------|--------------------|------|-------|----|-------|
| 1 | 4781 | Segers Liene | ARAC | 12.56 | 93 | 436 P |
| 2 | 5313 | Vermeiren Carolien | ARAC | 13.53 | 94 | 309 P |
| 3 | 5611 | Borgers Elise | ARAC | 15.01 | 94 | 154 P |

60m horden 0,762m/6H Min Dames Uur=14:22

Reeks:2

| | | | | | | |
|---|------|-------------------|------|-------|----|-------|
| 1 | 4373 | Brosens Evelien | AVOS | 11.15 | 93 | 654 P |
| 2 | 4610 | Van Damme Melinde | BRAB | 11.18 | 93 | 649 P |
| 3 | 5277 | Verschuren Linde | AVOS | 12.78 | 93 | 405 P |
| 4 | 4440 | Toelen Daphne | AVOS | 13.12 | 93 | 360 P |

60m horden 0,762m/6H Min Dames Uur=14:22

Reeks:3

| | | | | | | |
|---|------|----------------------|------|-------|----|-------|
| 1 | 4665 | Francken Anouck | LYRA | 10.24 | 93 | 817 P |
| 2 | 4744 | Van Den Broeck Laura | ACHL | 10.61 | 93 | 749 P |
| 3 | 4487 | Vanlommel Laura | LYRA | 10.85 | 94 | 706 P |
| 4 | 4759 | Vissers Emma | ACHL | 12.00 | 94 | 518 P |

polsstokspringen Min Heren Uur=15:03

| | | | | | | |
|---|------|-----------------|------|-------|----|-------|
| 1 | 5107 | Hooyberghs Jens | AVOS | 2.25m | 93 | 455 P |
| 2 | 5064 | Sneyders Jente | AVOS | 1.70m | 93 | 239 P |
| 3 | 6460 | Bosmans colin | VMOL | 1.70m | 93 | 239 P |
| 4 | 5058 | Wils Sander | VMOL | 1.60m | 93 | 203 P |

60m horden 0,762m/6H Pup Dames Uur=15:03

Reeks:1

| | | | | | | |
|---|------|--------------------|------|-------|----|-------|
| 1 | 2258 | Vennekens Evelien | VMOL | 14.69 | 95 | 184 P |
| 2 | 9012 | huybrechts kirsten | na | 15.16 | 95 | 141 P |
| 3 | 2390 | Verreydt Elise | VMOL | 15.67 | 96 | 101 P |
| 4 | 2391 | De Busser Renee | VMOL | 15.84 | 96 | 89 P |

60m horden 0,762m/6H Pup Dames Uur=15:03

Reeks:2

| | | | | | | |
|---|------|-------------------|------|-------|----|-------|
| 1 | 2474 | Segers Floor | ARAC | 13.95 | 95 | 260 P |
| 2 | 2052 | Van Doninck Ellen | ACHL | 14.39 | 95 | 213 P |
| 3 | 2131 | Janssen Steffi | AVOS | 16.38 | 95 | 56 P |
| 4 | 2389 | Verreydt Celine | VMOL | 16.90 | 96 | 30 P |
| | 2390 | Verreydt Elise | VMOL | NG | 96 | 0 P |

60m horden 0,762m/6H Pup Dames Uur=15:03

Reeks:3

| | | | | | | |
|---|------|------------------|------|-------|----|-------|
| 1 | 3290 | Prenen Fran | VMOL | 14.15 | 96 | 238 P |
| 2 | 2979 | Van Ammel Joyce | AVOS | 14.27 | 95 | 225 P |
| 3 | 2513 | Heylen Mart | AVOS | 15.22 | 96 | 136 P |
| 4 | 3025 | Verschuren Lotte | AVOS | 15.36 | 95 | 125 P |
| 5 | 2081 | Van Haeren Sofie | ARAC | 17.01 | 96 | 26 P |

60m horden 0,762m/6H Pup Dames Uur=15:03

Reeks:4

| | | | | | | |
|---|------|--------------------|------|-------|----|-------|
| 1 | 2120 | Hooyberghs Elien | AVOS | 10.70 | 95 | 733 P |
| 2 | 2354 | Francken Margaux | LYRA | 12.80 | 95 | 402 P |
| 3 | 9007 | Peeters cathelijjn | nl | 13.97 | 96 | 258 P |
| 4 | 2519 | Verwimp Eline | VMOL | 14.28 | 95 | 224 P |
| 5 | 2717 | Vanuytven Sofie | VMOL | 15.18 | 96 | 140 P |

60m horden 0,762m/6H Pup Heren Uur=15:04

Reeks:1

| | | | | | | |
|---|------|--------------------|------|-------|----|-------|
| 1 | 2431 | Verbaarschot Nick* | AVOS | 13.43 | 96 | 321 P |
| 2 | 3249 | Sarens Simon | VMOL | 13.91 | 96 | 264 P |
| 3 | 9006 | boermans dieter | NA | 15.03 | 96 | 153 P |

60m horden 0,762m/6H Pup Heren Uur=15:04

Reeks:2

| | | | | | | |
|---|------|------------------|------|-------|----|-------|
| 1 | 2661 | Havermans Thomas | BRAB | 10.99 | 95 | 682 P |
| 2 | 2458 | Servotte Bram | AVOS | 12.85 | 95 | 396 P |
| 3 | 2983 | De Vocht Vincent | ARAC | 14.11 | 95 | 242 P |

60 meter Ben Dames Uur=15:04

Reeks:1

| | | | | | | |
|---|------|----------------|------|-------|----|-------|
| 1 | 21 | Zegers Kato | AVOS | 10.75 | 97 | 275 P |
| 2 | 25 | Hagen Eline | ARAC | 11.26 | 97 | 191 P |
| 3 | 9004 | koeken ine | na | 11.45 | 97 | 163 P |
| 4 | 4 | Truyers Yalina | VMOL | 11.62 | 97 | 140 P |
| 5 | 435 | Truyers Marte | VMOL | 11.93 | 98 | 101 P |
| 6 | 984 | Teuwen Gitte | VMOL | 12.04 | 97 | 89 P |

60 meter Ben Dames Uur=15:04

Reeks:2

| | | | | | | |
|---|------|------------------------|------|-------|----|-------|
| 1 | 835 | Van Doninck Eva | ACHL | 10.67 | 97 | 289 P |
| 2 | 5 | Truyers Yinta | VMOL | 11.38 | 97 | 173 P |
| 3 | 97 | Kelchtermans Diete | VMOL | 12.00 | 97 | 93 P |
| 4 | 9008 | goetschalckx celestine | NA | 12.44 | 99 | 51 P |
| 5 | 1155 | Borgers Marthe | ARAC | 12.80 | 98 | 24 P |

60 meter Ben Dames Uur=15:04

Reeks:3

| | | | | | | |
|---|------|-------------------------|------|-------|----|-------|
| 1 | 666 | Vandenhove Lore | ACHL | 9.58 | 97 | 519 P |
| 2 | 282 | Van Der Auwera Anouchka | ACHL | 10.29 | 97 | 363 P |
| 3 | 20 | Brosens Stefanie | AVOS | 10.33 | 97 | 355 P |
| 4 | 52 | Corstjens Maya | VMOL | 11.15 | 97 | 208 P |
| 5 | 9000 | van springel birte | na | 11.25 | 97 | 192 P |
| 6 | 1206 | Naenen Jolien | LYRA | 11.42 | 98 | 167 P |

60 meter Ben Heren Uur=15:04

Reeks:1

| | | | | | | |
|---|------|------------------------|------|-------|----|-------|
| 1 | 964 | Vanbroekhoven Stef | VMOL | 10.15 | 97 | 391 P |
| 2 | 1144 | Schilders Jonas* | ARAC | 10.55 | 98 | 312 P |
| 3 | 9010 | naenen jens | NA | 11.10 | 97 | 216 P |
| 4 | 6 | Peeters Hakan | VMOL | 11.19 | 97 | 201 P |
| 5 | 1450 | Sannen Siebe | VMOL | 11.43 | 98 | 166 P |
| 6 | 1473 | Vervloessem Pieter-Jan | VMOL | 12.04 | 99 | 89 P |
| 7 | 60 | Truyers Ian | VMOL | 13.57 | 98 | 0 P |

60 meter Ben Heren Uur=15:04

Reeks:2

| | | | | | | |
|---|------|------------------|------|-------|----|-------|
| 1 | 58 | Agten Jarrit | VMOL | 10.64 | 97 | 295 P |
| 2 | 7 | De Roeck Thomas | VMOL | 10.83 | 97 | 261 P |
| 3 | 1455 | Saelen Liam | VMOL | 11.28 | 98 | 188 P |
| 4 | 9005 | boermans berre | NA | 11.38 | 98 | 173 P |
| 5 | 2231 | Wouters Sieberen | VMOL | 11.51 | 98 | 154 P |
| 6 | 9002 | keyzers ward | NA | 13.43 | 97 | 0 P |
| 7 | 1318 | Corstjens Siebe | VMOL | 13.45 | 98 | 0 P |

60 meter Ben Heren Uur=15:04

Reeks:3

| | | | | | | |
|---|------|----------------------|------|-------|----|-------|
| 1 | 89 | Goetschalckx Vincent | LYRA | 9.42 | 97 | 557 P |
| 2 | 236 | Castrel Yentel | LYRA | 9.61 | 97 | 512 P |
| 3 | 1 | Janssen Robbe | ARAC | 9.83 | 97 | 461 P |
| 4 | 9003 | cleymans lorenz | na | 9.92 | 97 | 441 P |
| 5 | 39 | Servotte Seppe | AVOS | 10.24 | 97 | 373 P |
| 6 | 237 | De Wit Niels | LYRA | 10.37 | 97 | 347 P |
| 7 | 235 | Francken Thibault | LYRA | 10.83 | 97 | 261 P |

hockeywerpen Ben Dames Uur=15:11

| | | | | | | |
|----|------|-------------------------|------|--------|----|-------|
| 1 | 20 | Brosens Stefanie | AVOS | 26.16m | 97 | 230 P |
| 2 | 282 | Van Der Auwera Anouchka | ACHL | 17.22m | 97 | 117 P |
| 3 | 1206 | Naenen Jolien | LYRA | 15.27m | 98 | 92 P |
| 4 | 835 | Van Doninck Eva | ACHL | 14.99m | 97 | 89 P |
| 5 | 9000 | van springel birte | na | 13.66m | 97 | 72 P |
| 6 | 21 | Zegers Kato | AVOS | 13.52m | 97 | 71 P |
| 7 | 25 | Hagen Eline | ARAC | 13.30m | 97 | 68 P |
| 8 | 9004 | koeken ine | na | 12.71m | 97 | 61 P |
| 9 | 1155 | Borgers Marthe | ARAC | 9.39m | 98 | 21 P |
| 10 | 9001 | coentraerds tina | NA | 9.24m | 98 | 19 P |

hoogspringen Min Dames Uur=15:19

| | | | | | | |
|----|------|----------------------|------|-------|----|-------|
| 1 | 4815 | Rutten Sophie | AVOS | 1.35m | 93 | 516 P |
| 2 | 4372 | Van Eekert Siel | AVOS | 1.35m | 94 | 516 P |
| 3 | 5473 | De Laet Eva | VMOL | 1.35m | 93 | 516 P |
| 4 | 4519 | Peeten Lieze | SACN | 1.30m | 93 | 466 P |
| 5 | 5425 | Lambregts Ylen | TUAC | 1.30m | 94 | 466 P |
| 6 | 4744 | Van Den Broeck Laura | ACHL | 1.30m | 93 | 466 P |
| 7 | 4781 | Segers Liene | ARAC | 1.25m | 93 | 417 P |
| 8 | 4982 | Boonen Katrijn | ACHL | 1.25m | 94 | 417 P |
| 9 | 4407 | Stevens Lotte | VMOL | 1.15m | 93 | 323 P |
| 10 | 5313 | Vermeiren Carolien | ARAC | 1.05m | 94 | 235 P |
| 11 | 5611 | Borgers Elise | ARAC | 1.05m | 94 | 235 P |
| 12 | 4379 | Mermans Svea | ARAC | 1.00m | 94 | 194 P |
| 13 | 4572 | Vangeneugden Jolijn | VMOL | 0.90m | 94 | 119 P |



60 meter Pup Dames Uur=15:20

Reeks:1

| | | | | | | |
|---|------|-------------------|------|-------|----|-------|
| 1 | 2391 | De Busser Renee | VMOL | 10.07 | 96 | 408 P |
| 2 | 2390 | Verreydt Elise | VMOL | 10.22 | 96 | 377 P |
| 3 | 2052 | Van Doninck Ellen | ACHL | 10.47 | 95 | 327 P |
| 4 | 2131 | Janssen Steffi | AVOS | 10.49 | 95 | 323 P |
| 5 | 9014 | Van gool sofie | NA | 10.61 | 96 | 300 P |
| 6 | 3025 | Verschuren Lotte | AVOS | 10.61 | 95 | 300 P |
| 7 | 9015 | verbeeck minneke | NA | 11.17 | 97 | 205 P |
| 8 | 3207 | Moeskops Stefanie | AVOS | 11.18 | 96 | 203 P |

60 meter Pup Dames Uur=15:20 Reeks:2

| | | | | | | |
|---|------|---------------------|------|-------|----|-------|
| 1 | 9114 | VAN SPEYBROECK KATO | NA | 9.60 | 96 | 514 P |
| 2 | 9012 | huybrechts kirsten | na | 9.91 | 95 | 443 P |
| 3 | 2116 | Daelemans Nina | VMOL | 9.91 | 96 | 443 P |
| 4 | 2078 | Onzea Sofie | ARAC | 10.03 | 95 | 417 P |
| 5 | 2513 | Heylen Mart | AVOS | 10.47 | 96 | 327 P |
| 6 | 2081 | Van Haeren Sofie | ARAC | 10.91 | 96 | 247 P |
| 7 | 2389 | Verreydt Celine | VMOL | 11.36 | 96 | 176 P |

60 meter Pup Dames Uur=15:20

Reeks:3

| | | | | | | |
|---|------|--------------------|------|-------|----|-------|
| 1 | 2120 | Hooyberghs Elien | AVOS | 9.12 | 95 | 633 P |
| 2 | 2474 | Segers Floor | ARAC | 9.48 | 95 | 543 P |
| 3 | 2259 | Loffens Morgane | VMOL | 9.67 | 96 | 497 P |
| 4 | 2258 | Vennekens Evelien | VMOL | 9.79 | 95 | 470 P |
| 5 | 3290 | Prenen Fran | VMOL | 9.84 | 96 | 459 P |
| 6 | 2717 | Vanuytven Sofie | VMOL | 9.93 | 96 | 439 P |
| 7 | 9007 | Peeters cathelijjn | nl | 10.09 | 96 | 404 P |
| 8 | 2519 | Verwimp Eline | VMOL | 10.51 | 95 | 319 P |

60 meter Pup Heren Uur=15:22 Reeks:1

| | | | | | | |
|---|------|--------------------|------|-------|----|-------|
| 1 | 2431 | Verbaarschot Nick* | AVOS | 9.69 | 96 | 493 P |
| 2 | 3492 | Vermeiren Dries | ARAC | 9.69 | 95 | 493 P |
| 3 | 2511 | Kelchtermans Brent | VMOL | 10.54 | 95 | 314 P |
| 4 | 3055 | Boonen Dries | ACHL | 10.89 | 95 | 250 P |
| 5 | 2471 | Denorme Sander | VMOL | 10.99 | 96 | 234 P |
| 6 | 2781 | Moeskops Andy | AVOS | 12.07 | 95 | 86 P |

60 meter Pup Heren Uur=15:22 Reeks:2

| | | | | | | |
|---|------|------------------|------|-------|----|-------|
| 1 | 3892 | Swinnen Jef | VMOL | 9.44 | 96 | 552 P |
| 2 | 2780 | Heylen Wannas | AVOS | 9.53 | 95 | 531 P |
| 3 | 2472 | Van Gool Pieter | VMOL | 9.59 | 96 | 516 P |
| 4 | 2604 | Cool Siebe | ACHL | 9.90 | 96 | 445 P |
| 5 | 2412 | Coucke Victor | VMOL | 10.39 | 96 | 343 P |
| 6 | 2779 | Rutten Alexander | AVOS | 11.04 | 95 | 225 P |

60 meter Pup Heren Uur=15:22 Reeks:3

| | | | | | | |
|---|------|------------------|------|-------|----|-------|
| 1 | 2661 | Havermans Thomas | BRAB | 9.08 | 95 | 643 P |
| 2 | 3249 | Sarens Simon | VMOL | 9.48 | 96 | 543 P |
| 3 | 3630 | Bax Thomas | TUAC | 9.56 | 95 | 523 P |
| 4 | 2983 | De Vocht Vincent | ARAC | 9.65 | 95 | 502 P |
| 5 | 2458 | Servotte Bram | AVOS | 9.77 | 95 | 474 P |
| 6 | 9006 | boermans dieter | NA | 10.27 | 96 | 367 P |
| 7 | 2403 | Hagen Michiel | ARAC | 10.33 | 96 | 355 P |
| 8 | 2407 | Truyers Yano | VMOL | 10.96 | 96 | 239 P |

verspringen Ben Heren Uur=15:50

| | | | | | | |
|----|------|------------------------|------|-------|----|-------|
| 1 | 1 | Janssen Robbe | ARAC | 3.83m | 97 | 314 P |
| 2 | 39 | Servotte Seppe | AVOS | 3.79m | 97 | 305 P |
| 3 | 236 | Castrel Yentel | LYRA | 3.75m | 97 | 296 P |
| 4 | 89 | Goetschalckx Vincent | LYRA | 3.63m | 97 | 269 P |
| 5 | 964 | Vanbroekhoven Stef | VMOL | 3.60m | 97 | 263 P |
| 6 | 9003 | cleymans lorenz | na | 3.54m | 97 | 249 P |
| 7 | 1130 | De Laet Chiel | VMOL | 3.38m | 97 | 216 P |
| 8 | 7 | De Roeck Thomas | VMOL | 3.28m | 97 | 195 P |
| 9 | 6 | Peeters Hakan | VMOL | 3.25m | 97 | 189 P |
| 10 | 237 | De Wit Niels | LYRA | 3.13m | 97 | 166 P |
| 11 | 1455 | Saelen Liam | VMOL | 3.04m | 98 | 149 P |
| 12 | 1144 | Schilders Jonas* | ARAC | 3.03m | 98 | 147 P |
| 13 | 9010 | naenen jens | NA | 2.89m | 97 | 122 P |
| 14 | 2231 | Wouters Sieberen | VMOL | 2.86m | 98 | 116 P |
| 15 | 9005 | boermans berre | NA | 2.80m | 98 | 106 P |
| 16 | 1450 | Sannen Siebe | VMOL | 2.73m | 98 | 94 P |
| 17 | 9002 | keyzers ward | NA | 2.36m | 97 | 40 P |
| 18 | 1473 | Vervloessem Pieter-Jan | VMOL | 2.15m | 99 | 16 P |

80 meter Min Dames Uur=15:59

Reeks:1

| | | | | | | |
|---|------|--------------------|------|-------|----|-------|
| 1 | 4665 | Francken Anouck | LYRA | 11.45 | 93 | 654 P |
| 2 | 4407 | Stevens Lotte | VMOL | 11.84 | 93 | 572 P |
| 3 | 4781 | Segers Liene | ARAC | 12.02 | 93 | 536 P |
| 4 | 9011 | Broothaerts lotte | NA | 12.89 | 94 | 377 P |
| 5 | 5313 | Vermeiren Carolien | ARAC | 12.96 | 94 | 365 P |
| 6 | 5611 | Borgers Elise | ARAC | 13.43 | 94 | 291 P |
| 7 | 4379 | Mermans Svea | ARAC | 13.44 | 94 | 289 P |

80 meter Min Dames Uur=15:59

Reeks:2

| | | | | | | |
|---|------|---------------------|------|-------|----|-------|
| 1 | 4572 | Vangeneugden Jolijn | VMOL | 11.94 | 94 | 552 P |
| 2 | 4982 | Boonen Katrijn | ACHL | 12.12 | 94 | 516 P |
| 3 | 4434 | Coninx Kaat | VMOL | 12.26 | 94 | 490 P |
| 4 | 5277 | Verschuren Linde | AVOS | 12.32 | 93 | 478 P |
| 5 | 5425 | Lambregts Ylen | TUAC | 12.40 | 94 | 463 P |
| 6 | 4372 | Van Eekert Siel | AVOS | 12.41 | 94 | 462 P |
| 7 | 5726 | De Clercq Mieke | LYRA | 12.62 | 94 | 423 P |
| 8 | 4359 | Truyers Imana | VMOL | 12.73 | 93 | 404 P |

80 meter Min Dames Uur=15:59

Reeks:3

| | | | | | | |
|---|------|----------------------|------|-------|----|-------|
| 1 | 5408 | Curfs Lore | AVT | 10.99 | 93 | 756 P |
| 2 | 4440 | Toelen Daphne | AVOS | 11.66 | 93 | 609 P |
| 3 | 4519 | Peeten Lieze | SACN | 11.83 | 93 | 574 P |
| 4 | 4915 | Dedroog Karen | AVT | 11.88 | 93 | 564 P |
| 5 | 4815 | Rutten Sophie | AVOS | 11.92 | 93 | 556 P |
| 6 | 4487 | Vanlommel Laura | LYRA | 12.01 | 94 | 538 P |
| 7 | 4744 | Van Den Broeck Laura | ACHL | 12.02 | 93 | 536 P |
| 8 | 4610 | Van Damme Melinde | BRAB | 12.24 | 93 | 493 P |

80 meter Min Heren Uur=15:59

Reeks:1

| | | | | | | |
|---|------|-------------------|------|-------|----|-------|
| 1 | 5061 | Hus Bart | VMOL | 12.23 | 93 | 495 P |
| 2 | 5058 | Wils Sander | VMOL | 12.36 | 93 | 471 P |
| 3 | 5964 | Birza Ismail | VMOL | 12.39 | 94 | 465 P |
| 4 | 5126 | Denorme Wouter | VMOL | 12.50 | 93 | 445 P |
| 5 | 5063 | Luyten Jens | AVOS | 12.79 | 93 | 394 P |
| 6 | 6402 | Vander Meer Jakob | VMOL | 13.59 | 94 | 267 P |

80 meter Min Heren Uur=15:59

Reeks:2

| | | | | | | |
|---|------|------------------|------|-------|----|-------|
| 1 | 5059 | De Roeck Bart | VMOL | 10.75 | 93 | 812 P |
| 2 | 5646 | Busselen Joris | ACA | 10.92 | 93 | 773 P |
| 3 | 5064 | Sneyders Jente | AVOS | 11.45 | 93 | 654 P |
| 4 | 5271 | Adriaens Emiel | VMOL | 11.57 | 93 | 628 P |
| 5 | 5051 | Volckaerts Robin | ARAC | 11.83 | 93 | 574 P |
| 6 | 5640 | De Vocht Pieter | ARAC | 12.08 | 93 | 524 P |
| 7 | 5761 | Vanuytven Robin | VMOL | 12.42 | 94 | 460 P |

kogelstoten 2,000kg Pup Dames Uur=16:11

| | | | | | | |
|----|------|--------------------|------|-------|----|-------|
| 1 | 2120 | Hooyberghs Elie | AVOS | 7.92m | 95 | 408 P |
| 2 | 9012 | huybrechts kirsten | na | 7.00m | 95 | 347 P |
| 3 | 2519 | Verwimp Eline | VMOL | 6.34m | 95 | 303 P |
| 4 | 2717 | Vanuytven Sofie | VMOL | 6.32m | 96 | 302 P |
| 5 | 2354 | Francken Margaux | LYRA | 5.91m | 95 | 275 P |
| 6 | 2258 | Vennekens Evelien | VMOL | 5.90m | 95 | 274 P |
| 7 | 2078 | Onzea Sofie | ARAC | 5.81m | 95 | 268 P |
| 8 | 9007 | Peeters cathelijn | nl | 5.70m | 96 | 261 P |
| 9 | 2052 | Van Doninck Ellen | ACHL | 5.62m | 95 | 256 P |
| 10 | 2474 | Segers Floor | ARAC | 5.48m | 95 | 247 P |
| 11 | 2979 | Van Ammel Joyce | AVOS | 5.33m | 95 | 237 P |
| 12 | 2131 | Janssen Steffi | AVOS | 5.10m | 95 | 222 P |
| 13 | 3290 | Prenen Fran | VMOL | 4.91m | 96 | 210 P |
| 14 | 2081 | Van Haeren Sofie | ARAC | 4.58m | 96 | 188 P |
| 15 | 2259 | Loffens Morgane | VMOL | 4.56m | 96 | 187 P |
| 16 | 9015 | verbeeck minneke | NA | 3.81m | 97 | 139 P |
| 17 | 2390 | Verreydt Elise | VMOL | 3.76m | 96 | 136 P |
| 18 | 2389 | Verreydt Celine | VMOL | 3.45m | 96 | 116 P |
| 19 | 2391 | De Busser Renee | VMOL | 3.42m | 96 | 115 P |
| 20 | 3207 | Moeskops Stefanie | AVOS | 3.38m | 96 | 112 P |

1000 meter Ben Dames Uur=16:11

| | | | | | | |
|----|------|-------------------------|------|---------|----|-------|
| 1 | 666 | Vandenhove Lore | ACHL | 3'51.26 | 97 | 454 P |
| 2 | 52 | Corstjens Maya | VMOL | 3'52.85 | 97 | 442 P |
| 3 | 5 | Truyers Yinta | VMOL | 4'03.81 | 97 | 364 P |
| 4 | 835 | Van Doninck Eva | ACHL | 4'05.29 | 97 | 354 P |
| 5 | 21 | Zegers Kato | AVOS | 4'06.47 | 97 | 346 P |
| 6 | 4 | Truyers Yalina | VMOL | 4'13.76 | 97 | 300 P |
| 7 | 97 | Kelchtermans Diete | VMOL | 4'16.05 | 97 | 286 P |
| 8 | 1206 | Naenen Jolien | LYRA | 4'17.62 | 98 | 276 P |
| 9 | 9000 | van springel birte | na | 4'17.67 | 97 | 276 P |
| 10 | 282 | Van Der Auwera Anouchka | ACHL | 4'20.19 | 97 | 261 P |
| 11 | 9004 | koeken ine | na | 4'21.67 | 97 | 253 P |
| 12 | 435 | Truyers Marte | VMOL | 4'28.69 | 98 | 214 P |
| 13 | 9001 | coenraerds tina | NA | 5'13.12 | 98 | 41 P |
| | 1155 | Borgers Marthe | ARAC | NA | 98 | 0 P |

1000 meter Pup Dames Uur=16:17

| | | | | | | |
|----|------|---------------------|------|---------|----|-------|
| 1 | 2116 | Daelemans Nina | VMOL | 3'32.32 | 96 | 607 P |
| 2 | 2120 | Hooyberghs Elien | AVOS | 3'34.33 | 95 | 589 P |
| 3 | 9007 | Peeters cathelijn | nl | 3'35.23 | 96 | 582 P |
| 4 | 2474 | Segers Floor | ARAC | 3'47.52 | 95 | 482 P |
| 5 | 2078 | Onzea Sofie | ARAC | 3'50.63 | 95 | 459 P |
| 6 | 9114 | VAN SPEYBROECK KATO | NA | 3'54.26 | 96 | 432 P |
| 7 | 2979 | Van Ammel Joyce | AVOS | 3'55.09 | 95 | 426 P |
| 8 | 2513 | Heylen Mart | AVOS | 3'56.11 | 96 | 418 P |
| 9 | 2519 | Verwimp Eline | VMOL | 4'07.12 | 95 | 342 P |
| 10 | 3025 | Verschuren Lotte | AVOS | 4'10.16 | 95 | 322 P |
| 11 | 2052 | Van Doninck Ellen | ACHL | 4'11.65 | 95 | 313 P |
| 12 | 9014 | Van gool sofie | NA | 4'12.93 | 96 | 305 P |
| 13 | 2131 | Janssen Steffi | AVOS | 4'14.73 | 95 | 294 P |
| 14 | 2389 | Verreydt Celine | VMOL | 4'20.20 | 96 | 261 P |
| 15 | 2717 | Vanuytven Sofie | VMOL | 4'21.07 | 96 | 256 P |
| 16 | 2258 | Vennekens Evelien | VMOL | 4'21.94 | 95 | 251 P |
| 17 | 2081 | Van Haeren Sofie | ARAC | 4'24.29 | 96 | 238 P |
| 18 | 3207 | Moeskops Stefanie | AVOS | 4'28.33 | 96 | 216 P |
| 19 | 2390 | Verreydt Elise | VMOL | 4'32.47 | 96 | 195 P |
| 20 | 2391 | De Busser Renee | VMOL | 4'41.09 | 96 | 153 P |
| | 9012 | huybrechts kirsten | na | NA | 95 | 0 P |
| | 3290 | Prenen Fran | VMOL | NA | 96 | 0 P |

polsstokspringen Min Dames Uur=16:17

| | | | | | | |
|---|------|------------------|------|-------|----|-------|
| 1 | 4772 | Bervoets Lindsey | LOOI | 2.30m | 93 | 476 P |
| 2 | 5473 | De Laet Eva | VMOL | 2.30m | 93 | 476 P |
| | 5611 | Borgers Elise | ARAC | GP | 94 | 0 P |

hockeywerpen Ben Heren Uur=16:32

| | | | | | | |
|----|------|----------------------|------|--------|----|-------|
| 1 | 7 | De Roeck Thomas | VMOL | 31.81m | 97 | 303 P |
| 2 | 235 | Francken Thibault | LYRA | 29.15m | 97 | 269 P |
| 3 | 1 | Janssen Robbe | ARAC | 25.41m | 97 | 221 P |
| 4 | 236 | Castrel Yentel | LYRA | 24.63m | 97 | 211 P |
| 5 | 9003 | cleymans lorenz | na | 24.53m | 97 | 209 P |
| 6 | 1130 | De Laet Chiel | VMOL | 22.68m | 97 | 186 P |
| 7 | 39 | Servotte Seppe | AVOS | 22.38m | 97 | 182 P |
| 8 | 9005 | boermans berre | NA | 21.33m | 98 | 168 P |
| 9 | 964 | Vanbroekhoven Stef | VMOL | 20.94m | 97 | 164 P |
| 10 | 237 | De Wit Niels | LYRA | 20.80m | 97 | 162 P |
| 11 | 9002 | keysers ward | NA | 19.45m | 97 | 145 P |
| 12 | 89 | Goetschalckx Vincent | LYRA | 19.05m | 97 | 140 P |
| 13 | 9010 | naenen jens | NA | 18.20m | 97 | 129 P |
| 14 | 6 | Peeters Hakan | VMOL | 17.76m | 97 | 123 P |
| 15 | 1450 | Sannen Siebe | VMOL | 14.77m | 98 | 86 P |
| 16 | 2231 | Wouters Sieberen | VMOL | 14.19m | 98 | 79 P |

1000 meter Min Dames Uur=16:32

| | | | | | | |
|---|------|------------------|------|---------|----|-------|
| 1 | 4434 | Coninx Kaat | VMOL | 3'24.17 | 94 | 679 P |
| 2 | 4359 | Truyers Imana | VMOL | 3'26.03 | 93 | 662 P |
| 3 | 4372 | Van Eekert Siel | AVOS | 3'29.24 | 94 | 633 P |
| 4 | 5277 | Verschuren Linde | AVOS | 3'33.39 | 93 | 597 P |
| 5 | 4407 | Stevens Lotte | VMOL | 3'36.43 | 93 | 572 P |
| 6 | 4759 | Vissers Emma | ACHL | 3'39.82 | 94 | 544 P |
| 7 | 4781 | Segers Liene | ARAC | 3'42.94 | 93 | 518 P |
| 8 | 5611 | Borgers Elise | ARAC | 3'53.26 | 94 | 439 P |

| | | | | | | |
|----|------|---------------------|------|---------|----|-------|
| 9 | 4572 | Vangeneugden Jolijn | VMOL | 3'57.77 | 94 | 406 P |
| 10 | 5313 | Vermeiren Carolien | ARAC | 4'15.84 | 94 | 287 P |
| 11 | 9011 | Broothaerts lotte | NA | 4'25.74 | 94 | 230 P |
| 12 | 4379 | Mermans Svea | ARAC | 4'29.37 | 94 | 211 P |

1000 meter Ben Heren Uur=16:36

| | | | | | | |
|----|------|------------------------|------|---------|----|-------|
| 1 | 58 | Agten Jarrit | VMOL | 3'39.60 | 97 | 545 P |
| 2 | 89 | Goetschalckx Vincent | LYRA | 3'39.66 | 97 | 545 P |
| 3 | 39 | Servotte Seppe | AVOS | 3'41.78 | 97 | 528 P |
| 4 | 1 | Janssen Robbe | ARAC | 3'44.45 | 97 | 506 P |
| 5 | 237 | De Wit Niels | LYRA | 3'53.26 | 97 | 439 P |
| 6 | 7 | De Roeck Thomas | VMOL | 3'57.23 | 97 | 410 P |
| 7 | 1144 | Schilders Jonas* | ARAC | 4'06.51 | 98 | 346 P |
| 8 | 964 | Vanbroekhoven Stef | VMOL | 4'07.81 | 97 | 338 P |
| 9 | 9013 | Deckx dries | na | 4'08.50 | 98 | 333 P |
| 10 | 9010 | naenen jens | NA | 4'15.36 | 97 | 290 P |
| 11 | 1455 | Saelen Liam | VMOL | 4'19.24 | 98 | 267 P |
| 12 | 9003 | cleymans lorenz | na | 4'24.88 | 97 | 235 P |
| 13 | 60 | Truyers Ian | VMOL | 4'35.22 | 98 | 181 P |
| 14 | 1473 | Vervloessem Pieter-Jan | VMOL | 4'39.53 | 99 | 160 P |
| 15 | 1318 | Corstjens Siebe | VMOL | 4'51.00 | 98 | 112 P |
| 16 | 1450 | Sannen Siebe | VMOL | 4'55.20 | 98 | 96 P |
| | 2231 | Wouters Sieberen | VMOL | NA | 98 | 0 P |

1000 meter Pup Heren Uur=16:51

| | | | | | | |
|----|------|--------------------|------|---------|----|-------|
| 1 | 2473 | Agten Arne | VMOL | 3'21.51 | 95 | 703 P |
| 2 | 2458 | Servotte Bram | AVOS | 3'22.45 | 95 | 694 P |
| 3 | 2780 | Heylen Wannes | AVOS | 3'31.14 | 95 | 617 P |
| 4 | 3892 | Swinnen Jef | VMOL | 3'35.91 | 96 | 576 P |
| 5 | 3630 | Bax Thomas | TUAC | 3'35.92 | 95 | 576 P |
| 6 | 2511 | Kelchtermans Brent | VMOL | 3'37.07 | 95 | 566 P |
| 7 | 2472 | Van Gool Pieter | VMOL | 3'38.85 | 96 | 552 P |
| 8 | 2407 | Truyers Yano | VMOL | 3'50.31 | 96 | 461 P |
| 9 | 3492 | Vermeiren Dries | ARAC | 3'51.29 | 95 | 454 P |
| 10 | 3055 | Boonen Dries | ACHL | 3'53.97 | 95 | 434 P |
| 11 | 2471 | Denorme Sander | VMOL | 3'54.61 | 96 | 429 P |
| 12 | 2983 | De Vocht Vincent | ARAC | 3'56.64 | 95 | 414 P |
| 13 | 2604 | Cool Siebe | ACHL | 4'04.78 | 96 | 358 P |
| 14 | 2412 | Coucke Victor | VMOL | 4'07.63 | 96 | 339 P |
| 15 | 2403 | Hagen Michiel | ARAC | 4'11.48 | 96 | 314 P |
| 16 | 2781 | Moeskops Andy | AVOS | 4'51.83 | 95 | 108 P |

hoogspringen Min Heren Uur=17:00

| | | | | | | |
|----|------|--------------------|------|-------|----|-------|
| 1 | 5064 | Sneyders Jente | AVOS | 1.44m | 93 | 610 P |
| 2 | 5107 | Hooyberghs Jens | AVOS | 1.44m | 93 | 610 P |
| 3 | 5126 | Denorme Wouter | VMOL | 1.38m | 93 | 547 P |
| 4 | 5059 | De Roeck Bart | VMOL | 1.35m | 93 | 516 P |
| 5 | 5701 | Boonen Wannes | ACHL | 1.35m | 93 | 516 P |
| 6 | 5058 | Wils Sander | VMOL | 1.30m | 93 | 466 P |
| 7 | 5051 | Volckaerts Robin | ARAC | 1.25m | 93 | 417 P |
| 8 | 5964 | Birza Ismail | VMOL | 1.25m | 94 | 417 P |
| 9 | 5640 | De Vocht Pieter | ARAC | 1.20m | 93 | 369 P |
| 10 | 6164 | Vandervelden Dries | LOOI | 1.15m | 94 | 323 P |
| 11 | 6402 | Vander Meer Jakob | VMOL | 1.15m | 94 | 323 P |
| 12 | 5761 | Vanuytven Robin | VMOL | 1.00m | 94 | 194 P |

discuswerpen 0,600kg Min Dames Uur=17:19

| | | | | | | |
|----|------|----------------------|------|--------|----|-------|
| 1 | 5408 | Curfs Lore | AVT | 28.92m | 93 | 481 P |
| 2 | 4373 | Brosens Evelien | AVOS | 26.65m | 93 | 433 P |
| 3 | 4519 | Peeten Lieze | SACN | 23.52m | 93 | 367 P |
| 4 | 4440 | Toelen Daphne | AVOS | 22.08m | 93 | 338 P |
| 5 | 4815 | Rutten Sophie | AVOS | 19.10m | 93 | 277 P |
| 6 | 4982 | Boonen Katrijn | ACHL | 16.41m | 94 | 223 P |
| 7 | 4372 | Van Eekert Siel | AVOS | 16.20m | 94 | 219 P |
| 8 | 4915 | Dedroog Karen | AVT | 15.85m | 93 | 212 P |
| 9 | 5425 | Lambregts Ylen | TUAC | 15.55m | 94 | 206 P |
| 10 | 4610 | Van Damme Melinde | BRAB | 14.55m | 93 | 186 P |
| 11 | 4379 | Mermans Svea | ARAC | 13.45m | 94 | 165 P |
| 12 | 4744 | Van Den Broeck Laura | ACHL | 12.23m | 93 | 142 P |
| 13 | 4572 | Vangeneugden Jolijn | VMOL | 9.65m | 94 | 94 P |
| 14 | 4407 | Stevens Lotte | VMOL | 9.43m | 93 | 90 P |
| 15 | 5726 | De Clercq Mieke | LYRA | 4.22m | 94 | 2 P |

1000 meter Min Heren Uur=17:20

| | | | | | | |
|----|------|--------------------|------|---------|-----|-------|
| 1 | 5059 | De Roeck Bart | VMOL | 3'19.14 | 93 | 725 P |
| 2 | 5271 | Adriaens Emiel | VMOL | 3'19.27 | 93 | 724 P |
| 3 | 9009 | MELOTE NIELS | NA | 3'21.21 | 93 | 706 P |
| 4 | 5126 | Denorme Wouter | VMOL | 3'24.12 | 93 | 679 P |
| 5 | 6164 | Vandervelden Dries | LOOI | 3'27.06 | 94 | 653 P |
| 6 | 6402 | Vander Meer Jakob | VMOL | 3'34.71 | 94 | 586 P |
| 7 | 5640 | De Vocht Pieter | ARAC | 3'35.81 | 93 | 577 P |
| 8 | 5061 | Hus Bart | VMOL | 3'36.97 | 93 | 567 P |
| 9 | 5964 | Birza Ismail | VMOL | 3'40.49 | 94 | 538 P |
| 10 | 5051 | Volckaerts Robin | ARAC | 4'04.00 | 93 | 363 P |
| | 5701 | Boonen Wannas | ACHL | NG | 93 | 0 P |
| | 2471 | Denorme Sander | VMOL | NG | Pup | 96 |

0 P

4 x 60 meter Ben Heren Uur=17:20

| | | | | | | |
|------|------------------------|-------|------|--|--|--|
| 1 | GEMENGD | 42.05 | | | | |
| 9010 | naenen jens | | NA | | | |
| 237 | De Wit Niels | | LYRA | | | |
| 236 | Castrel Yentel | | LYRA | | | |
| 89 | Goetschalckx Vincent | | LYRA | | | |
| 2 | VMOL | 43.99 | | | | |
| 7 | De Roeck Thomas | | | | | |
| 6 | Peeters Hakan | | | | | |
| 58 | Agten Jarrit | | | | | |
| 964 | Vanbroekhoven Stef | | | | | |
| 3 | GEMENGD | 45.68 | | | | |
| 1144 | Schilders Jonas* | | ARAC | | | |
| 39 | Servotte Seppe | | AVOS | | | |
| 1455 | Saelen Liam | | VMOL | | | |
| 1450 | Sannen Siebe | | VMOL | | | |
| 4 | VMOL | 51.39 | | | | |
| 1473 | Vervloessem Pieter-Jan | | | | | |
| 2231 | Wouters Sieberen | | | | | |
| 1130 | De Laet Chiel | | | | | |
| 60 | Truyers Ian | | | | | |

4 x 60 meter Pup Dames Uur=17:20

| | | | |
|------|-------------------------|-------|------|
| 1 | AVOS | 39.87 | |
| 2979 | Van Ammel Joyce | | |
| 3025 | Verschuren Lotte | | |
| 2513 | Heylen Mart | | |
| 2120 | Hooyberghs Elien | | |
| 2 | GEMENGD | 40.09 | |
| 666 | Vandenhove Lore | | ACHL |
| 20 | Brosens Stefanie | | AVOS |
| 282 | Van Der Auwera Anouchka | | ACHL |
| 835 | Van Doninck Eva | | ACHL |
| 3 | ARAC | 41.92 | |
| 25 | Hagen Eline | | |
| 2081 | Van Haeren Sofie | | |
| 2078 | Onzea Sofie | | |
| 2474 | Segers Floor | | |
| | VMOL | DIS | |
| 2390 | Verreydt Elise | | |
| 2389 | Verreydt Celine | | |
| 2391 | De Busser Renee | | |
| 2258 | Vennekens Evelien | | |
| 5 | VMOL | 47.54 | |
| 5 | Truyers Yinta | | |
| 435 | Truyers Marte | | |
| 97 | Kelchtermans Diete | | |
| 4 | Truyers Yalina | | |
| 6 | GEMENGD | 47.79 | |
| 9008 | goetschalckx celestine | | NA |
| 21 | Zegers Kato | | AVOS |
| 1155 | Borgers Marthe | | ARAC |
| 1206 | Naenen Jolien | | LYRA |

kogelstoten 2,000kg Pup Heren Uur=17:25

| | | | | | | |
|----|------|--------------------|------|-------|----|-------|
| 1 | 2661 | Havermans Thomas | BRAB | 9.29m | 95 | 500 P |
| 2 | 2458 | Servotte Bram | AVOS | 8.42m | 95 | 442 P |
| 3 | 9006 | boermans dieter | NA | 6.86m | 96 | 338 P |
| 4 | 2604 | Cool Siebe | ACHL | 6.81m | 96 | 334 P |
| 5 | 2412 | Coucke Victor | VMOL | 6.76m | 96 | 331 P |
| 6 | 3892 | Swinnen Jef | VMOL | 6.72m | 96 | 328 P |
| 7 | 3492 | Vermeiren Dries | ARAC | 6.59m | 95 | 320 P |
| 8 | 2403 | Hagen Michiel | ARAC | 6.55m | 96 | 317 P |
| 9 | 2779 | Rutten Alexander | AVOS | 6.48m | 95 | 312 P |
| 10 | 3249 | Sarens Simon | VMOL | 6.43m | 96 | 309 P |
| 11 | 2780 | Heylen Wannes | AVOS | 6.14m | 95 | 290 P |
| 12 | 2431 | Verbaarschot Nick* | AVOS | 6.13m | 96 | 289 P |
| 13 | 2781 | Moeskops Andy | AVOS | 5.90m | 95 | 274 P |
| 14 | 2983 | De Vocht Vincent | ARAC | 5.19m | 95 | 228 P |

discuswerpen 1,000kg Min Heren Uur=17:28

| | | | | | | |
|---|------|-----------------|------|--------|----|-------|
| 1 | 5646 | Busselen Joris | ACA | 25.85m | 93 | 416 P |
| 2 | 5107 | Hooyberghs Jens | AVOS | 24.53m | 93 | 388 P |
| 3 | 5059 | De Roeck Bart | VMOL | 18.49m | 93 | 265 P |
| 4 | 5058 | Wils Sander | VMOL | 18.26m | 93 | 260 P |
| 5 | 5640 | De Vocht Pieter | ARAC | 17.20m | 93 | 239 P |
| 6 | 5701 | Boonen Wannes | ACHL | 16.50m | 93 | 225 P |
| 7 | 5064 | Sneyders Jente | AVOS | 16.06m | 93 | 216 P |
| 8 | 5061 | Hus Bart | VMOL | 15.74m | 93 | 210 P |

4 x 60 meter Pup Heren Uur=17:28



| | | | | |
|------|--------------------|-------|-------|----|
| 1 | ARAC | 39.10 | 727 P | |
| 1 | Janssen Robbe | | | |
| 2403 | Hagen Michiel | | | |
| 3492 | Vermeiren Dries | | | |
| 2983 | De Vocht Vincent | | | |
| 2 | VMOL | 40.14 | 677 P | |
| 2472 | Van Gool Pieter | | | |
| 2471 | Denorme Sander | | | |
| 2511 | Kelchtermans Brent | | | |
| 2473 | Agten Arne | | | |
| 3 | GEMENGD | 43.88 | 509 P | |
| 9003 | cleymans lorenz | | | na |
| 9002 | keyzers ward | | | NA |
| 9005 | boermans berre | | | NA |
| 9006 | boermans dieter | | | NA |

4 x 80 meter Min Dames + Jongens Uur=17:34

| | | |
|------|---------------------|-------|
| 1 | VMOL | 46.96 |
| 5271 | Adriaens Emiel | |
| 5061 | Hus Bart | |
| 5058 | Wils Sander | |
| 5059 | De Roeck Bart | |
| 2 | VMOL | 48.39 |
| 4572 | Vangeneugden Jolijn | |
| 4434 | Coninx Kaat | |
| 4359 | Truyers Imana | |
| 4407 | Stevens Lotte | |
| 3 | VMOL | 50.80 |
| 5761 | Vanuytven Robin | |
| 5126 | Denorme Wouter | |
| 6402 | Vander Meer Jakob | |
| 5964 | Birza Ismail | |
| 4 | ARAC | 51.06 |
| 5611 | Borgers Elise | |
| 4379 | Mermans Svea | |
| 5313 | Vermeiren Carolien | |
| 4781 | Segers Liene | |

verspringen Ben Dames Uur=17:40

| | | | | | | |
|----|------|-------------------------|------|-------|----|-------|
| 1 | 20 | Brosens Stefanie | AVOS | 3.44m | 97 | 228 P |
| 2 | 21 | Zegers Kato | AVOS | 3.37m | 97 | 214 P |
| 3 | 282 | Van Der Auwera Anouchka | ACHL | 3.29m | 97 | 197 P |
| 4 | 666 | Vandenhove Lore | ACHL | 3.27m | 97 | 193 P |
| 5 | 835 | Van Doninck Eva | ACHL | 3.27m | 97 | 193 P |
| 6 | 9000 | van springel birte | na | 3.04m | 97 | 149 P |
| 7 | 9004 | koeken ine | na | 2.79m | 97 | 104 P |
| 8 | 984 | Teuwen Gitte | VMOL | 2.74m | 97 | 96 P |
| 9 | 1206 | Naenen Jolien | LYRA | 2.49m | 98 | 58 P |
| 10 | 9001 | coenraerds tina | NA | 2.40m | 98 | 45 P |
| 11 | 9008 | goetschalckx celestine | NA | 2.25m | 99 | 27 P |
| 12 | 1155 | Borgers Marthe | ARAC | 2.14m | 98 | 15 P |