

300m horden 0,762m Cad Dames Uur=14:09

Reeks:1

| | | | | | | |
|---|------|--------------------|------|-------|----|----|
| 1 | 913 | Van de Velde Sofie | DUFF | 49.67 | 98 | 9p |
| 2 | 1033 | Boiten Tine | ACA | 50.43 | 99 | 7p |
| 3 | 1096 | Peeters Bloeme | AVZK | 51.28 | 99 | 5p |
| 4 | 945 | Vanhoof Loes | ATLA | 54.41 | 99 | 3p |
| 5 | 1175 | Brouckaert Paulien | LYRA | 55.79 | 98 | 2p |
| 6 | 1387 | De Pauw Giske | VOLH | 62.42 | 99 | 1p |

300m horden 0,762m Cad Dames Uur=14:09

Reeks:2

| | | | | | | |
|---|------|-------------------|------|-------|----|-----|
| 1 | 896 | Van Laer Emma | KAPE | 46.64 | 98 | 13p |
| 2 | 1047 | Baillievier Rani | OLSE | 46.94 | 98 | 11p |
| 3 | 1467 | Van Hout Anneleen | VMOL | 49.55 | 98 | 10p |
| 4 | 656 | Robyn Maite | VAC | 49.74 | 99 | 8p |
| 5 | 1550 | Pauwels Celien | DAC | 50.48 | 99 | 6p |
| 6 | 1137 | Wouters Jelien | OEH | 52.45 | 98 | 4p |

400m horden 0,762m Sch Dames Uur=14:24

Reeks:1

| | | | | | | |
|---|------|--------------------|------|-------|----|-----|
| 1 | 3003 | Gyenes Nora | VOLH | 71.35 | 97 | 10p |
| 2 | 3060 | Annendyck Hanne | DAC | 73.76 | 97 | 7p |
| 3 | 2510 | Onsea Gigi | AVZK | 76.04 | 96 | 6p |
| 4 | 3210 | Van Wilderode Mira | LYRA | 96.73 | 96 | 4p |

400m horden 0,762m Sch Dames Uur=14:24

Reeks:2

| | | | | | | |
|---|------|---------------------|------|-------|----|-----|
| 1 | 2668 | Folens Merel | KAPE | 66.08 | 96 | 13p |
| 2 | 2569 | Van Speybroeck Kato | VMOL | 70.16 | 96 | 11p |
| 3 | 2876 | Cosemans Jitte | ACA | 73.23 | 96 | 9p |
| 4 | 2720 | Bruggen Anne | ATLA | 73.67 | 97 | 8p |
| 5 | 2906 | Schroven Liese | VAC | 76.91 | 97 | 5p |

100 meter Cad Dames Uur=14:37

Reeks:1 Wind : 2.5

| | | | | | | |
|---|------|---------------------|------|-------|----|----|
| 1 | 860 | Vancamp Hanne | OLSE | 13.03 | 99 | 7p |
| 2 | 910 | Gbenyo-adjovi Naomi | DUFF | 13.39 | 98 | 5p |
| 3 | 1221 | Abied Ikram | VAC | 13.40 | 99 | 4p |
| 4 | 1316 | Van Loock Britt | AVZK | 13.63 | 99 | 3p |
| 5 | 1596 | Minne Indra | LYRA | 14.00 | 98 | 2p |
| 6 | 1391 | Bettens Luca | VOLH | 14.37 | 99 | 1p |

100 meter Cad Dames Uur=14:37

Reeks:2 Wind : 2.7

| | | | | | | |
|---|------|-------------------|------|-------|----|-----|
| 1 | 1365 | Loncol Elise | DAC | 12.58 | 98 | 13p |
| 2 | 939 | Teuwen Frederique | ATLA | 12.61 | 98 | 11p |
| 3 | 896 | Van Laer Emma | KAPE | 12.62 | 98 | 10p |
| 4 | 1655 | Anthonissen Leyla | OEH | 12.88 | 99 | 9p |
| 5 | 1102 | Ulenaers Hannah | ACA | 12.94 | 98 | 8p |
| 6 | 718 | Horemans Jana | VMOL | 13.10 | 99 | 6p |

| verspringen | | Cad Dames | Uur=15:11 | | | |
|-------------|------|----------------------|-----------|-------|------|-----|
| 1 | 860 | Vancamp Hanne | OLSE | 4.99m | +3.0 | 99 |
| | | | | 4.84m | 1.6 | 13p |
| 2 | 1574 | Panis Keanne | ATLA | 4.93m | +1.9 | 99 |
| 3 | 1587 | Beyens Mirthe | DAC | 4.91m | +3.2 | 99 |
| | | | | 4.84m | 1.3 | 10p |
| 4 | 722 | Demeulemeester Yana | VMOL | 4.45m | +2.2 | 98 |
| | | | | 4.21m | 2.0 | 9p |
| 5 | 1597 | De Brauwer Charlotte | ACA | 4.40m | +2.3 | 99 |
| | | | | 4.28m | 1.7 | 8p |
| 6 | 1655 | Anthonissen Leyla | OEH | 4.35m | +1.4 | 99 |
| 7 | 1174 | Van Den Broeck Lore | LYRA | 4.30m | +2.6 | 99 |
| | | | | 4.22m | 1.4 | 6p |
| 8 | 1810 | Matthysen Laura | KAPE | 4.27m | +1.8 | 99 |
| 9 | 1220 | Quintelier Lies | VAC | 4.08m | +3.6 | 99 |
| | | | | 3.93m | 1.4 | 4p |
| 10 | 657 | Smets Bente | AVZK | 4.00m | +0.4 | 99 |
| 11 | 1389 | Cant Fien | VOLH | 3.88m | +0.8 | 99 |
| 12 | 934 | Van Camp Anke | DUFF | 3.62m | +1.5 | 99 |
| | | | | | | 1p |

| 100 meter | | Sch Dames | Uur=15:19 | | | |
|-----------|------|------------------|-----------|------|--|----|
| Reeks:1 | | Wind : 4.9 | | | | |
| 1 | 3101 | Mauel Anna Lena | DAC | 12.7 | | 96 |
| 2 | 2690 | Cuypers Emma | DUFF | 13.2 | | 97 |
| 3 | 3007 | Van de Ven Alany | VOLH | 13.2 | | 97 |
| 4 | 3331 | Lotens Celeste | OEH | 13.5 | | 97 |
| 5 | 3324 | Heirman Britt | OLSE | 13.5 | | 97 |
| 6 | 2944 | Claes Annelies | KAPE | 14.2 | | 96 |
| | | | | | | 1p |

| 100 meter | | Sch Dames | Uur=15:19 | | | |
|-----------|------|---------------------|-----------|------|--|----|
| Reeks:2 | | Wind : 4.9 | | | | |
| 1 | 2717 | Nijs Bo | ATLA | 12.2 | | 97 |
| 2 | 3031 | Van Hansewyck Nell | VAC | 12.2 | | 97 |
| 3 | 3067 | Van Den Broeck Lore | LYRA | 12.6 | | 96 |
| 4 | 2554 | Hooybergs Kaat | VMOL | 12.6 | | 97 |
| 5 | 2508 | Daems Olivia | AVZK | 12.8 | | 97 |
| 6 | 3267 | Bortels Kimberly | ACA | 12.9 | | 96 |
| | | | | | | 6p |

| 800 meter | | Cad Dames | Uur=15:21 | | | |
|-----------|------|-----------------------|-----------|---------|--|----|
| 1 | 1358 | Carlier Bo | OEH | 2'21.99 | | 99 |
| 2 | 1430 | De Troyer Maura | DAC | 2'23.56 | | 99 |
| 3 | 1386 | Smeets Lore | VOLH | 2'28.63 | | 98 |
| 4 | 940 | Steegen Sen | ATLA | 2'32.65 | | 99 |
| 5 | 1218 | Huygen Hanne | LYRA | 2'34.06 | | 99 |
| 6 | 917 | De Smet Michele | DUFF | 2'34.09 | | 99 |
| 7 | 1659 | Nelissen Paulien | ACA | 2'35.49 | | 99 |
| 8 | 958 | Wyns Iris | VAC | 2'38.81 | | 98 |
| 9 | 905 | Truyers Marte | VMOL | 2'39.86 | | 98 |
| 10 | 1315 | Van Hoogten Marie | AVZK | 2'46.72 | | 98 |
| 11 | 1984 | Van Den Dwey An-sofie | OLSE | 2'58.61 | | 98 |
| 12 | 2894 | Stevens Utti | KAPE | 3'02.18 | | 98 |
| | | | | | | 1p |

| 800 meter | | Sch Dames | Uur=15:22 | | |
|-----------|------|-------------------------|-----------|---------|--------|
| 1 | 2961 | Eykens Renee | KAPE | 2'15.65 | 96 13p |
| 2 | 3001 | Smet Astrid | VOLH | 2'23.13 | 96 11p |
| 3 | 2937 | Helsen Heleen | ACA | 2'26.77 | 97 10p |
| 4 | 3039 | Van Craenenbroeck Eline | DAC | 2'27.12 | 97 9p |
| 5 | 2856 | Francois Ellen | OEH | 2'30.03 | 96 8p |
| 6 | 2747 | Beyers Joyce | OLSE | 2'38.88 | 97 7p |
| 7 | 2906 | Schroven Liese | VAC | 2'41.84 | 97 6p |
| 8 | 2713 | Cosemans Leen | ATLA | 2'44.74 | 97 5p |
| 9 | 2509 | Salaerts Anna | AVZK | 2'49.18 | 97 4p |
| 10 | 2707 | Windelinckx Anke | DUFF | 2'51.25 | 97 3p |
| 11 | 2574 | Kelchtermans Diete | VMOL | 2'53.32 | 97 2p |
| 12 | 2905 | Huygen Ines | LYRA | 2'53.84 | 96 1p |

| discuswerpen 1,000kg | | Sch Dames | Uur=15:41 | | |
|----------------------|------|---------------------------|-----------|--------|--------|
| 1 | 2674 | Van De Reijdt Sarah | VMOL | 24.23m | 97 13p |
| 2 | 2823 | Vandersteen Esther | ACA | 20.69m | 96 11p |
| 3 | 3091 | De Brandt Alyssa | LYRA | 20.50m | 97 10p |
| 4 | 3099 | Van Der Hoogerstraete Ma. | DAC | 20.07m | 97 9p |
| 5 | 2943 | Hautman Roxanne | VAC | 19.16m | 97 8p |
| 6 | 3313 | Vanglabbeek Celine | ATLA | 19.12m | 96 7p |
| 7 | 2998 | Bussels Renee | AVZK | 17.75m | 97 6p |
| 8 | 3110 | Lossie Manon | OLSE | 17.30m | 97 5p |
| 9 | 3303 | Van Den Eynden Tina | KAPE | 16.23m | 97 4p |
| 10 | 3008 | Lippeveld Jolien | VOLH | 14.92m | 97 3p |

| kogelstoten 3,000kg | | Cad Dames | Uur=15:46 | | |
|---------------------|------|-------------------|-----------|--------|--------|
| 1 | 942 | Vandeput Babette | ATLA | 11.52m | 98 13p |
| 2 | 1428 | Goovaerts Heike | DUFF | 10.96m | 98 11p |
| 3 | 719 | Caers Thalissa | VMOL | 10.89m | 98 10p |
| 4 | 1365 | Loncol Elise | DAC | 9.71m | 98 9p |
| 5 | 926 | Artois Severine | KAPE | 8.97m | 99 8p |
| 6 | 1260 | Claesen Jana | ACA | 8.75m | 98 7p |
| 7 | 983 | Sanders Leen | OLSE | 8.64m | 99 6p |
| 8 | 1537 | Wuyts Katrijn | LYRA | 8.30m | 99 5p |
| 9 | 867 | Driesen Nele | VAC | 7.94m | 98 4p |
| 10 | 1392 | Van Kemseke Jodie | VOLH | 7.81m | 99 3p |
| 11 | 1154 | Tordeur Nele | OEH | 6.35m | 98 2p |
| 12 | 889 | De Cock Laura | AVZK | 5.41m | 99 1p |

| 1500 meter | | Cad Dames | Uur=15:49 | | |
|------------|------|--------------------|-----------|---------|--------|
| 1 | 1281 | Helsen Sara | ACA | 4'55.47 | 98 13p |
| 2 | 658 | Bassleer Katinka | AVZK | 4'57.88 | 99 11p |
| 3 | 906 | Meylaers Antse | VMOL | 5'07.65 | 99 10p |
| 4 | 911 | Delbaen Aline | DUFF | 5'12.88 | 99 9p |
| 5 | 1585 | Ghijselinck Eline | DAC | 5'16.09 | 98 8p |
| 6 | 1220 | Quintelier Lies | VAC | 5'16.60 | 99 7p |
| 7 | 1154 | Tordeur Nele | OEH | 5'17.77 | 98 6p |
| 8 | 977 | Alderweireld Kenzy | OLSE | 5'28.09 | 99 5p |
| 9 | 1172 | Steenmans Oona | LYRA | 5'39.77 | 98 4p |
| 10 | 947 | Caubergs Jana | ATLA | 5'56.07 | 99 3p |
| 11 | 1388 | Verhulst Sara | VOLH | 6'08.27 | 98 2p |

| 1500 meter | | Sch Dames | Uur=15:50 | | | |
|------------|------|---------------------|-----------|---------|----|-----|
| 1 | 2843 | Scaunet Vanessa | OEH | 5'02.85 | 96 | 13p |
| 2 | 2941 | Teugels Amber | VAC | 5'03.51 | 96 | 11p |
| 3 | 3045 | Van Lent Lissa | VOLH | 5'05.06 | 97 | 10p |
| 4 | 2797 | Denis Jolien | KAPE | 5'08.70 | 97 | 9p |
| 5 | 2573 | Corstjens Maya | VMOL | 5'12.85 | 97 | 8p |
| 6 | 3068 | Daelemans Nina | ACA | 5'13.73 | 96 | 7p |
| 7 | 2798 | Meertens Jinte | ATLA | 5'14.62 | 96 | 6p |
| 8 | 3324 | Heirman Britt | OLSE | 5'21.48 | 97 | 5p |
| 9 | 3115 | Vermijs Saar | DAC | 5'23.20 | 97 | 4p |
| 10 | 2686 | Neyrinck Gaetane | DUFF | 5'25.10 | 96 | 3p |
| 11 | 2507 | Van Den Schoor Sara | AVZK | 5'26.11 | 97 | 2p |
| | 3117 | Vervliet Ine | LYRA | NA | 97 | |

| hoogspringen | | Sch Dames | Uur=16:02 | | | |
|--------------|------|------------------|-----------|-------|----|-------|
| 1 | 3030 | Vidts Noor | VAC | 1.65m | 96 | 13p |
| 2 | 2553 | Vanuytven Sofie | VMOL | 1.56m | 96 | 11p |
| 3 | 2661 | Vandenhove Lore | AVZK | 1.45m | 97 | 10p |
| 4 | 3109 | De Clerck Silke | VOLH | 1.45m | 96 | 9p |
| 5 | 3040 | Thiry Ellen | DAC | 1.40m | 97 | 8p |
| 6 | 3090 | Van Hoeck Magali | LYRA | 1.40m | 97 | 7p |
| 7 | 2876 | Cosemans Jitte | ACA | 1.40m | 96 | 6p |
| 8 | 2720 | Bruggen Anne | ATLA | 1.35m | 97 | 4, 5p |
| 8 | 2961 | Eykens Renee | KAPE | 1.35m | 96 | 4, 5p |

| speerwerpen 500g | | Sch Dames | Uur=16:06 | | | |
|------------------|------|-------------------------|-----------|--------|----|-----|
| 1 | 3243 | Lammens Britt | VAC | 34.53m | 96 | 13p |
| 2 | 2998 | Bussels Renee | AVZK | 33.45m | 97 | 11p |
| 3 | 3128 | Van Der Weyen Jessie | LYRA | 30.48m | 96 | 10p |
| 4 | 2706 | Van Den Eede Nathalie | DUFF | 27.62m | 97 | 9p |
| 5 | 2553 | Vanuytven Sofie | VMOL | 24.37m | 96 | 8p |
| 6 | 2798 | Meertens Jinte | ATLA | 23.11m | 96 | 7p |
| 7 | 2823 | Vandersteen Esther | ACA | 22.67m | 96 | 6p |
| 8 | 3039 | Van Craenenbroeck Eline | DAC | 20.33m | 97 | 5p |
| 9 | 3005 | De Bock Jolien | VOLH | 8.05m | 97 | 4p |
| 10 | 2797 | Denis Jolien | KAPE | 6.48m | 97 | 3p |
| 11 | 2747 | Bevers Joyce | OLSE | 5.53m | 97 | 2p |
| | 2855 | De Bruyn Marieke | OEH | NG | | 97 |

| verspringen | | Sch Dames | Uur=16:13 | | | |
|-------------|------|--------------------|-----------|-------|------|-----|
| 1 | 2717 | Nijs Bo | ATLA | 5.16m | +2.7 | 97 |
| | | | | 5.11m | 0.7 | 13p |
| 2 | 2661 | Vandenhove Lore | AVZK | 5.10m | +1.5 | 97 |
| 3 | 3031 | Van Hansewyck Nell | VAC | 5.08m | +2.2 | 97 |
| | | | | 4.61m | -0.3 | 10p |
| 4 | 3109 | De Clerck Silke | VOLH | 5.02m | +3.3 | 96 |
| 5 | 3060 | Annendyck Hanne | DAC | 4.88m | +2.8 | 97 |
| | | | | 4.55m | 1.8 | 8p |
| 6 | 2555 | Verreydt Elise | VMOL | 4.64m | +3.5 | 96 |
| | | | | 4.26m | 1.1 | 7p |
| 7 | 3132 | Eilers Ragna | OLSE | 4.42m | +0.4 | 96 |
| 8 | 2873 | Chaoui Nora | LYRA | 4.40m | +2.0 | 97 |

| | | | | | | | |
|----|------|------------------|------|-------|------|----|----|
| 9 | 3178 | Missotten Kyna | OEH | 4.25m | +4.7 | 96 | |
| | | | | 3.60m | 1.3 | 4p | |
| 10 | 2944 | Claes Annelies | KAPE | 3.94m | +0.6 | 96 | 3p |
| 11 | 3254 | Vandebrouck Jill | ACA | 3.60m | +2.8 | 96 | |
| | | | | 3.77m | 1.1 | 2p | |
| 12 | 2707 | Windelinckx Anke | DUFF | 2.93m | +1.7 | 97 | 1p |

200 meter Cad Dames Uur=16:14

Reeks:1 Wind : 1.6

| | | | | | | | |
|---|------|------------------|------|-------|--|----|-----|
| 1 | 1221 | Abied Ikram | VAC | 27.30 | | 99 | 10p |
| 2 | 1383 | Stremersch Aisha | VOLH | 27.66 | | 98 | 8p |
| 3 | 1077 | Aerts Eveline | KAPE | 29.45 | | 98 | 4p |
| 4 | 1136 | Meert Chloe | OEH | 29.66 | | 98 | 3p |
| 5 | 657 | Smets Bente | AVZK | 30.01 | | 99 | 2p |
| 6 | 1537 | Wuyts Katrijn | LYRA | 30.62 | | 99 | 1p |

200 meter Cad Dames Uur=16:14

Reeks:2 Wind : 5.1

| | | | | | | | |
|---|------|---------------------|------|-------|--|----|-----|
| 1 | 718 | Horemans Jana | VMOL | 27.04 | | 99 | 13p |
| 2 | 1574 | Panis Keanne | ATLA | 27.05 | | 99 | 11p |
| 3 | 1550 | Pauwels Celien | DAC | 27.64 | | 99 | 9p |
| 4 | 1301 | Peers Stien | OLSE | 27.75 | | 98 | 7p |
| 5 | 1102 | Ulenaers Hannah | ACA | 27.86 | | 98 | 6p |
| 6 | 910 | Gbenyo-adjovi Naomi | DUFF | 27.89 | | 98 | 5p |

hoogspringen Cad Dames Uur=16:23

| | | | | | | | |
|--------|------|-----------------------|------|-------|--|----|-------|
| 1 | 1363 | Mathieu Charlotte | DAC | 1.56m | | 98 | 13p |
| 2 | 1137 | Wouters Jelien | OEH | 1.53m | | 98 | 11p |
| 3 | 739 | Vandenreijken Jessica | VMOL | 1.50m | | 98 | 10p |
| 4 | 913 | Van de Velde Sofie | DUFF | 1.50m | | 98 | 9p |
| 5 | 1316 | Van Loock Britt | AVZK | 1.45m | | 99 | 8p |
| 6 | 1047 | Baillievier Rani | OLSE | 1.40m | | 98 | 7p |
| 7 | 1503 | De Brandt Naomi | LYRA | 1.40m | | 99 | 6p |
| 8 | 656 | Robyn Maite | VAC | 1.40m | | 99 | 5p |
| 9 | 1597 | De Brauer Charlotte | ACA | 1.30m | | 99 | 3, 5p |
| 9 | 945 | Vanhoof Loes | ATLA | 1.30m | | 99 | 3, 5p |
| 11894 | | Stevens Utti | KAPE | 1.20m | | 98 | 2p |
| 121389 | | Cant Fien | VOLH | 1.10m | | 99 | 1p |

400 meter Cad Dames Uur=16:25

Reeks:1

| | | | | | | | |
|---|------|--------------------|------|-------|--|----|----|
| 1 | 1096 | Peeters Bloeme | AVZK | 64.70 | | 99 | 8p |
| 2 | 1033 | Boiten Tine | ACA | 67.01 | | 99 | 6p |
| 3 | 720 | Jansen Jana | VMOL | 67.77 | | 99 | 5p |
| 4 | 1077 | Aerts Eveline | KAPE | 69.75 | | 98 | 3p |
| 5 | 1175 | Brouckaert Paulien | LYRA | 70.52 | | 98 | 2p |
| 6 | 1384 | D'Hondt Kaat | VOLH | 70.68 | | 99 | 1p |

400 meter Cad Dames Uur=16:25

Reeks:2

| | | | | | | |
|---|------|--------------------|------|-------|----|-----|
| 1 | 1205 | De Dobbelaere Joke | DUFF | 63.53 | 98 | 13p |
| 2 | 857 | Blockx Dante | OLSE | 63.70 | 98 | 11p |
| 3 | 867 | Driesen Nele | VAC | 64.07 | 98 | 10p |
| 4 | 1153 | Gossele Willemien | OEH | 64.68 | 98 | 9p |
| 5 | 1363 | Mathieu Charlotte | DAC | 64.71 | 98 | 7p |
| 6 | 1529 | Swennen Anoek | ATLA | 69.02 | 98 | 4p |

kogelstoten 3,000kg Sch Dames Uur=16:27

| | | | | | | |
|----|------|-----------------------|------|--------|----|-----|
| 1 | 3040 | Thiry Ellen | DAC | 10.02m | 97 | 13p |
| 2 | 2569 | Van Speybroeck Kato | VMOL | 9.56m | 96 | 11p |
| 3 | 3313 | Vanglabbeek Celine | ATLA | 9.51m | 96 | 10p |
| 4 | 3091 | De Brandt Alyssa | LYRA | 8.95m | 97 | 9p |
| 5 | 2706 | Van Den Eede Nathalie | DUFF | 8.90m | 97 | 8p |
| 6 | 2755 | Van Hunsel Elien | ACA | 8.12m | 97 | 7p |
| 7 | 3303 | Van Den Eynden Tina | KAPE | 7.99m | 97 | 6p |
| 8 | 3007 | Van de Ven Alany | VOLH | 7.68m | 97 | 5p |
| 9 | 3331 | Lotens Celeste | OEH | 6.92m | 97 | 4p |
| 10 | 2511 | Gendarme Naomi | AVZK | 6.91m | 97 | 3p |
| 11 | 3110 | Lossie Manon | OLSE | 6.79m | 97 | 2p |
| 12 | 2943 | Hautman Roxanne | VAC | 6.60m | 97 | 1p |

speerwerpen 500g Cad Dames Uur=16:35

| | | | | | | |
|----|------|--------------------|------|--------|----|-----|
| 1 | 719 | Caers Thalissa | VMOL | 34.94m | 98 | 13p |
| 2 | 1428 | Goovaerts Heike | DUFF | 29.16m | 98 | 11p |
| 3 | 655 | Potums Maaïke | VAC | 28.47m | 99 | 10p |
| 4 | 1398 | Timmermans Celine | ACA | 27.77m | 98 | 9p |
| 5 | 1385 | Van Houte Jana | VOLH | 27.50m | 98 | 8p |
| 6 | 1433 | Torbeyns Jenne | DAC | 25.75m | 99 | 7p |
| 7 | 1635 | Wyns Manon | OEH | 22.34m | 99 | 6p |
| 8 | 983 | Sanders Leen | OLSE | 21.89m | 99 | 5p |
| 9 | 1371 | Van De Perre Sofie | LYRA | 20.05m | 99 | 4p |
| 10 | 946 | Martens Catho | ATLA | 19.57m | 99 | 3p |
| 11 | 1315 | Van Hoogten Marie | AVZK | 16.22m | 98 | 2p |
| 12 | 926 | Artois Severine | KAPE | 12.41m | 99 | 1p |

400 meter Sch Dames Uur=16:37

Reeks:1

| | | | | | | |
|---|------|----------------------|------|-------|----|----|
| 1 | 3196 | Carmans Laura | ACA | 65.99 | 96 | 8p |
| 2 | 3069 | Slaus Anastasia | DAC | 68.59 | 97 | 7p |
| 3 | 3008 | Lippeveld Jolien | VOLH | 68.99 | 97 | 6p |
| 4 | 3128 | Van Der Weyen Jessie | LYRA | 70.65 | 96 | 5p |
| 5 | 2911 | Vermeir Jessica | VAC | 78.26 | 97 | 3p |

400 meter Sch Dames Uur=16:37

Reeks:2

| | | | | | | |
|---|------|--------------------|------|-------|----|-----|
| 1 | 2685 | De Launoit Laura | DUFF | 60.71 | 96 | 13p |
| 2 | 2570 | Goetschalckx Mieke | VMOL | 62.11 | 96 | 11p |
| 3 | 2709 | Smets Ibich | AVZK | 63.16 | 97 | 10p |
| 4 | 2855 | De Bruyn Marieke | OEH | 63.36 | 97 | 9p |
| 5 | 3154 | Thijs Emilie | ATLA | 71.40 | 97 | 4p |

200 meter Sch Dames Uur=16:55

Reeks:1 Wind : 3.2

| | | | | | | |
|---|------|------------------|------|-------|----|----|
| 1 | 2508 | Daems Olivia | AVZK | 27.27 | 97 | 7p |
| 2 | 3101 | Mauel Anna Lena | DAC | 27.38 | 96 | 6p |
| 3 | 3178 | Missotten Kyna | OEH | 27.57 | 96 | 4p |
| 4 | 2690 | Cuyppers Emma | DUFF | 28.82 | 97 | 3p |
| 5 | 3267 | Bortels Kimberly | ACA | 29.82 | 96 | 2p |
| 6 | 2719 | Dubois Nina* | ATLA | 30.43 | 97 | 1p |

200 meter Sch Dames Uur=16:55

Reeks:2 Wind : 1.8

| | | | | | | |
|---|------|---------------------|------|-------|----|-----|
| 1 | 3030 | Vidts Noor | VAC | 25.73 | 96 | 13p |
| 2 | 3067 | Van Den Broeck Lore | LYRA | 26.41 | 96 | 11p |
| 3 | 3006 | Laenen Sofie | VOLH | 26.48 | 96 | 10p |
| 4 | 2554 | Hooybergs Kaat | VMOL | 26.70 | 97 | 9p |
| 5 | 2668 | Folens Merel | KAPE | 26.74 | 96 | 8p |
| 6 | 3132 | Eilers Ragna | OLSE | 27.49 | 96 | 5p |

4 x 100 meter Sch Dames Uur=17:16

Reeks:1

| | | | |
|------|-----------------------|-------|-----|
| 1 | VOLH | 51.75 | 11P |
| 3003 | Gyenes Nora | | |
| 3006 | Laenen Sofie | | |
| 3109 | De Clerck Silke | | |
| 3007 | Van de Ven Alany | | |
| 2 | LYRA | 53.73 | 6P |
| 3128 | Van Der Weyen Jessie | | |
| 3117 | Vervliet Ine | | |
| 2873 | Chaoui Nora | | |
| 3067 | Van Den Broeck Lore | | |
| 3 | OEH | 54.29 | 5P |
| 3178 | Missotten Kyna | | |
| 3331 | Lotens Celeste | | |
| 2843 | Scaunet Vanessa | | |
| 2855 | De Bruyn Marieke | | |
| 4 | DUFF | 55.93 | 3P |
| 2685 | De Launoit Laura | | |
| 2706 | Van Den Eede Nathalie | | |
| 2707 | Windelinckx Anke | | |
| 2690 | Cuyppers Emma | | |
| 5 | OLSE | 56.57 | 2P |
| 3110 | Lossie Manon | | |
| 3324 | Heirman Britt | | |
| 2747 | Bevers Joyce | | |
| 3132 | Eilers Ragna | | |
| 6 | KAPE | 57.71 | 1P |
| 2944 | Claes Annelies | | |
| 2797 | Denis Jolien | | |
| 3303 | Van Den Eynden Tina | | |
| 2668 | Folens Merel | | |

4 x 100 meter Sch Dames Uur=17:16

Reeks:2

| | | | |
|------|---------------------------|-------|-----|
| 1 | VAC | 51.65 | 13P |
| 3031 | Van Hansewyck Nell | | |
| 2906 | Schroven Liese | | |
| 3243 | Lammens Britt | | |
| 3030 | Vidts Noor | | |
| 2 | VMOL | 52.00 | 10P |
| 2553 | Vanuytven Sofie | | |
| 2569 | Van Speybroeck Kato | | |
| 2554 | Hooybergs Kaat | | |
| 2555 | Verreydt Elise | | |
| 3 | AVZK | 52.49 | 9P |
| 2661 | Vandenhove Lore | | |
| 2998 | Bussels Renee | | |
| 2709 | Smets Ibich | | |
| 2508 | Daems Olivia | | |
| 4 | DAC | 53.29 | 8P |
| 3296 | Deckers Aurore | | |
| 3060 | Annendyck Hanne | | |
| 3101 | Mauel Anna Lena | | |
| 3099 | Van Der Hoogerstraete Ma. | | |
| 5 | ATLA | 53.60 | 7P |
| 2720 | Bruggen Anne | | |
| 2798 | Meertens Jinte | | |
| 2719 | Dubois Nina* | | |
| 2717 | Nijs Bo | | |
| 6 | ACA | 55.20 | 4P |
| 3267 | Bortels Kimberly | | |
| 2823 | Vandersteen Esther | | |
| 2937 | Helsen Heleen | | |
| 2876 | Cosemans Jitte | | |

4 x 100 meter Cad Dames Uur=17:26

Reeks:1

| | | | |
|------|---------------------|-------|-----|
| 1 | OLSE | 51.92 | 10P |
| 860 | Vancamp Hanne | | |
| 857 | Blockx Dante | | |
| 1301 | Peers Stien | | |
| 1047 | Baillievier Rani | | |
| 2 | OEH | 52.64 | 8P |
| 1136 | Meert Chloe | | |
| 1137 | Wouters Jelien | | |
| 1358 | Carlier Bo | | |
| 1655 | Anthonissen Leyla | | |
| 3 | DUFF | 54.87 | 5P |
| 910 | Gbenyo-adjovi Naomi | | |
| 934 | Van Camp Anke | | |
| 1205 | De Dobbelaere Joke | | |
| 913 | Van de Velde Sofie | | |
| | VOLH | | DIS |
| 1383 | Stremersch Aisha | | |

| | | | |
|------|------------------------|-------|----|
| 1386 | Smeets Lore | | |
| 1391 | Bettens Luca | | |
| 1392 | Van Kemseke Jodie | | |
| 5 | KAPE | 56.63 | 4P |
| 1077 | Aerts Eveline | | |
| 1810 | Matthysen Laura | | |
| 894 | Stevens Utti | | |
| 896 | Van Laer Emma | | |
| 6 | LYRA | 57.57 | 3P |
| 1503 | De Brandt Naomi | | |
| 1539 | Goetschalckx Celestine | | |
| 1174 | Van Den Broeck Lore | | |
| 1596 | Minne Indra | | |

4 x 100 meter Cad Dames Uur=17:26

Reeks:2

| | | | |
|------|---------------------|-------|-----|
| 1 | ATLA | 51.28 | 13P |
| 939 | Teuwen Frederique | | |
| 938 | Loyens Edith | | |
| 946 | Martens Catho | | |
| 1574 | Panis Keanne | | |
| 2 | DAC | 51.61 | 11P |
| 1365 | Loncol Elise | | |
| 1364 | Deroost Frea | | |
| 1363 | Mathieu Charlotte | | |
| 1550 | Pauwels Celien | | |
| 3 | VMOL | 51.96 | 9P |
| 738 | Foets Jolien | | |
| 1467 | Van Hout Anneleen | | |
| 722 | Demeulemeester Yana | | |
| 718 | Horemans Jana | | |
| 4 | ACA | 52.65 | 7P |
| 1102 | Ulenaers Hannah | | |
| 1281 | Helsen Sara | | |
| 1597 | De Brauer Charlotte | | |
| 1033 | Boiten Tine | | |
| | VAC | | DIS |
| 867 | Driesen Nele | | |
| 655 | Potums Maaïke | | |
| 656 | Robyn Maite | | |
| 1221 | Abied Ikram | | |
| 6 | AVZK | 54.64 | 6P |
| 657 | Smets Bente | | |
| 1315 | Van Hoogten Marie | | |
| 1316 | Van Loock Britt | | |
| 1096 | Peeters Bloeme | | |

| discuswerpen 1,000kg | | Cad Dames | Uur=17:29 | | |
|----------------------|------|--------------------|-------------|----|-----|
| 1 | 942 | Vandeput Babette | ATLA 37.25m | 98 | 13P |
| 2 | 1385 | Van Houte Jana | VOLH 26.07m | 98 | 11P |
| 3 | 737 | Vanbroekhoven Lore | VMOL 25.68m | 99 | 10P |
| 4 | 655 | Potums Maaïke | VAC 24.59m | 99 | 9P |
| 5 | 1635 | Wyns Manon | OEH 23.15m | 99 | 8P |
| 6 | 916 | Croes Eline | DUFF 22.55m | 99 | 7P |
| 7 | 1260 | Claesen Jana | ACA 20.84m | 98 | 6P |
| 8 | 1810 | Matthysen Laura | KAPE 19.96m | 99 | 5P |
| 9 | 1433 | Torbeyns Jenne | DAC 17.87m | 99 | 4P |
| 10 | 1794 | Goossens Liesbeth | LYRA 16.79m | 99 | 3P |
| 11 | 1048 | Baillievier Joni | OLSE 16.64m | 98 | 2P |
| 12 | 889 | De Cock Laura | AVZK 10.65m | 99 | 1P |